



Rangoonwala Foundation (India) Trust

Trust Registration No: E-20860(Mumbai)

Rangoonwala Foundation (India) Trust-[RF(I)T] registered in 2003, is a Mumbai based people-centric organization working with communities to achieve inclusive and sustainable development.

With development programmes focusing on issues of health, livelihood, capacity building and community services across population groups, we aim to achieve long-term sustainability and socio-economic self-reliance in marginalized communities.

Our Mission is to enable marginalized communities to become more vibrant and dynamic by engaging them in socio-economic development initiatives directed at building capacities, thereby helping people help themselves.

Our Vision is an inclusive society where marginalized communities are vibrant, dynamic and self-sustaining.

RF(I)T's **6 Ks- Kya** kar rahe hain, **Kyu** kar rahe hai, **Kab** kar rahe hai, **Kaise** kar rahe hai, **Kiske saath** kar rahe hai and **Kya hoga** (our activity to impact paradigm) continues to guide our need based service delivery to rights based approach, strategy, plans and implementation.

Our Work:



Our work in Mumbai's bastis is through the six **Rangoonwala Community Centres** in Premnagar, Subashnagar and Shivtekdi in Jogeshwari-east; Mahakali in Andheri- east; Anandwadi and Pathanwadi in Malad east. Each Centre reaches out to a population of approximately 100,000 people.

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The Centres are physical spaces in the midst of congested slums, which women and children can easily access to focus on their capacity building and health needs.

Our capacity building initiatives are a range of around 40 trainings. Computer Literacy- MS office, Tally, DTP through a variety of modules; Vocational Trainings for women like beautician, mehendi application, jewelry making, hand embroidery, warli painting etc., Health & Wellness trainings like yoga, counseling etc... to name a few.

Our Centre linked -Health work promotes health seeking behavior through awareness building, health camps, health consultation clinics handled by qualified lady Doctors and our TB programme.

Our **Ummeed Health Programme** supports patients, advocates their issues and builds awareness on patient's rights through our Satark Mareez Haak Abhiyaan.

A dedicated area of work in the Mumbai Metropolitan Region has been with Chronic Kidney Disease (CKD) patients. We have promoted the **Ekta Support Group** of CKD patients and their families- they bond, interact, support each other and lobby & advocate for issues affecting them.



Our **Utkarsh Youth Development Programme** mentors and supports youth for their education, skill building and entrepreneurship and engages them in a range of capacity & value building processes.



Pratibimb - our annual marketing-cum-networking event reflects the lives and the work of those who are marginalized – children with multiple disabilities, women who are mentally ill and abandoned, rural artisans, farmers' communities and women entrepreneurs from resource poor communities in Mumbai.

The **Rangoonwala Training Centre** focuses on Entrepreneurship Development, Training of Trainers and Pan – RF (I) T in-house trainings.



Our **Partner Support Programme** is an endeavor to work with like-minded organizations to broaden outreach and impact in our country, with its vast geographical expanse and multitude of development issues.

Brief Activity Report for April 2019- March 2020

RF(I)T entered a phase of consolidation of its interventions this year. The major decisions were:

- Work towards greater synergies between the programme verticals of health, youth development and community services, keeping the Community Centres as focal points.
- The Ummeed Health Programme retained support for Chronic Kidney Disease patients in the Mumbai Metropolitan Region(MMR) and focused more on awareness and support in the areas of the Rangoonwala Community Centres
- The Utkarsh Youth Development Programme continued with previously committed scholarships for Higher Education across the city . It intensified processes with youth in the areas of the Rangoonwala Community Centres.
- The Partner Support Programme did not engage with new partners during the year.

The year was one of transition by phasing out of certain existing interventions and preparing for shift towards more intensive focus in the bastis we work in Mumbai. The Covid 19 pandemic hit us towards the end of the reporting year, resulting in the physical shut down of our Centres . We again had to change our focus to the immediate needs of the people, based on which we structured our Covid 19 Relief response.

We called off annual events scheduled in March 2020 namely – the annual Ekta Support Group meeting of Chronic Kidney Disease patients & their families and phase 2 of our women's day celebrations – RCC Pratibimb (Go- NGO meet, skill competitions and entrepreneurship development platforms for women through a 2 day event).

We organized our Children's Day event in November 2019– Bal Utsav with 3,021 participants. Pratibimb our annual marketing & networking event in December 2019 saw footfalls of 2,972 people including those who came for exposure visits. 320 students, alumni, parents, volunteers etc. participated in our Utkarsh Youth Development Awards programme in January 2020 and 1,631 people(mostly women) participated in the Cultural Competitions- Phase 1 of RCC Pratibimb in February 2020.

Rangoonwala Community Centres (RCCs):

RCCs - our direct interventions with the resource poor in the slums of Premnagar, Subashnagar- Bandrekarwadi, Shivtekdi in Jogeshwari (east), Mahakali in Andheri (east) and Anandwadi & Pathanwadi in Malad (east) in Mumbai were further strengthened this year.

We re-categorized our work from activity specific to population group specific as follows:

Work with Population Groups	Participation
Work with Children : Centre based, home based and community based Bal Umang, School Outreach Praogramme, BalUtsav, Festival & Summer Camps, building a scientific temperament in children through project work and exposure visits, Cluster meetings, involvement in cultural programmes , drawing and children's drop-in activities	38,199
Work with Youth Yuva Saarthi – personality development & soft skills training, Summer camps, Self- defence training for adolescent girls , Reflect Group meetings for Youth Volunteers, Cluster meetings (some components of work with youth was integrated in the Utkarsh Youth Development programme)	499
Work with Women Vocational trainings - beautician, mehendi, hand embroidery, warli & fabric painting, jewelry making, cakes, chocolates & sweets making, rangoli, utility product trainings, flower making, massage etc.; Yoga, Para- counseling, Volunteer cadre building, Health Consultation Clinics, Health Camps , Exposure visits, Debate Forums , Health talks & Cluster meetings	13,817
Work with Senior Citizens Centre based and Home based activities , monthly get- togethers, melavas, participation in cultural programmes, Summer camps & exposure visits.	1,004
Work with Groups Computer trainings- MS office- Word, Excel , Powerpoint through different modules, Tally for accounting, Desk Top Publishing for designating, TB Programme- supplementary protein rich nutrition support , linkage to the Govt. NTEP, refferals,etc ; focus on mental health through counseling services , monthly open forums, health awareness sessions etc. This year we undertook flood relief work in Pimpipada - RCC Pathanwadi through household kits and education kits for those whose homes were broken and washed away due to the wall collapse during monsoon.	8,714
Outreach community based initiatives like street plays , meetings, awareness building, mobilization, enrollment drives for activities etc	205,279

Note: Activities/ initiatives in which mixed groups – children, youth, women, senior citizens, and at times full families (eg. TB programme) and at times men from the community (eg. Monthly Open forums and outreach activities) participate have been categorized under work with groups.

Ummeed Health Programme:

Since it's inception in 2003, RF(I)T has taken a life enabling approach for supporting patients. Patients are supported irrespective of the type of ailments, age or whether the ailment is curative or palliative.

Very few treatments whose efficacy is not proved are not supported by us.

RF(I)T has a robust due diligence system for each patient that is supported which includes pre form issue profiling, home visits , dialoguing with treatment facilities as well as guiding patients / family members to access their entitlements through various Govt. schemes. We also guide them to other sources of support . We have a directory of Charitable Trusts that support patients, which is regularly updated. This is considered not only a valuable resource by those needing support, but other NGOs, Trusts as well as the State Govt.(CM Cell and other Depts at Mantralaya) also refer to it to guide patients.

From August 2019, we withdrew our support to all categories of patients across the MMR region in keeping with our need based approach. Since CSR activities have gained traction, the support base for patients has increased.

We hence decided to focus only on CKD patients in MMR since this is a relatively unrecognized issue and kidney failure patients need life long support.

Awareness sessions on Sat ark – Mareez Haak Abhiyaan (our patient's rights campaign) and causes, prevention and treatment access/ entitlements for CKD patients were conducted along with each home visit in the patient's area.

We also decided to focus more intensively to understand issues of patients in the areas of our Community Centres. Awareness and patients guidance initiatives were started in the centres as well as through meetings in the bastis.

Spot assessments and immediate support – our weekly initiative at the Municipal LTMG (Sion) Hospital was discontinued after July 2019.

Support Categories	Number of Patients supported
Support to Patients for high cost & long running ailments	26
Spot assistance at Govt. LTMG (Sion) Hospital (April- July 2019)	321
Support to Chronic Kidney Failure Patients	366

Utkarsh Youth Development Programme :

There was a strategic shift in the Utkarsh programme. Fresh applications for scholarships were discontinued from the MMR region. RF(I)T supports students for the full duration of their course , subject to their meeting our compliance norms. Support to existing scholars continued. We focused more on career guidance, mentoring, skill development, vocational training , volunteer cadre building with youth from the areas of the Rangoonwala Community Centres and members of our Ekta Support Group - children of Chronic Kidney Disease patients.



Scholarship support:

Categories	Number of students Supported
Professional Higher Education (continuing scholarships only)	39
Education support to Children / family members of Chronic Kidney failure patients	54
Support to Youth Volunteers	32
Youth leadership Scholarships	17
Skill Development Scholarship (Jewelry making)	1
Career Guidance	391
Life skills training	137
First Aid Training	34
Employability related Soft Skills training	49

Meetings were held with Utkarsh Alumini to strengthen this group to take on mentorship roles.

Pratibimb

Seven partner organizations – Sri Arunodayam from Chennai, Samerth Charitable Trust from Ahmedabad, Vikas Sahyog Prathisthan from Buldhana in rural Maharashtra, NAB Maharashtra from Nashik & Dhule, NAB Shrirampur, Bnayn from Chennai, Manav Vikas Foundation from Nagpur women entrepreneurs from the areas of the RCCs and artisans who learnt vocational skills at our Centres participated in this 4 day event we hosted in Dec 2019. Our Sat ark Patients Rights, TB and CKD awareness Campaign stalls were handled by our Ummeed and Utkarsh volunteers. Exposure visits were facilitated for women from bastis to encourage entrepreneurship, other NGOs, SHGs and student groups.

Pratibimb seeks to sensitize civil society to the issues the participants work on and the challenges they continue to face and endeavor to overcome. The majority of participating Organizations at Pratibimb were those working with differently abled people.



Rangoonwala Training Centre

Our Training Centre enables us to undertake centralized capacity building processes which are otherwise not possible as our work is multi-locational. We can draw on expertise and quality inputs from resource people who otherwise find it difficult to earmark time for each Community Centre.

The following activities were undertaken during the Year :

Activities	Number of Participants
Enteprenuship Development for Women	659
Centralized Trainings and Activities	1,418
Training of Trainers	1,021

Partner Support Programme

RF(I)T partnered eight organizations this year

Organization	Partnership Focus
Vikas Sahyog Prathisthan	for sustainable livelihoods in 45 drought prone villages of Buldhana in Maharashtra through land based activities , livestock linked and enteprenuship development initiatives
Sense International India	for Deafblind programmes in four districts of Maharashtra – Dhule, Solapur, Nagpur and Srirampur
Banyan	Partnership for Nalam (wellness) Centres with mentally ill people was pahsed out during the year
Sri Arunodayam	support to caregivers and therapists for mentally retarded abandoned children
Ekta, WORD and SPREAD	for work with care givers of differently abled people in the tribal areas of Koraput- Odhisha
Chehak Trust (Sahyog Sangharsh)	Support for a community based intervention for children with different disabilities with a zero-rejection approach

