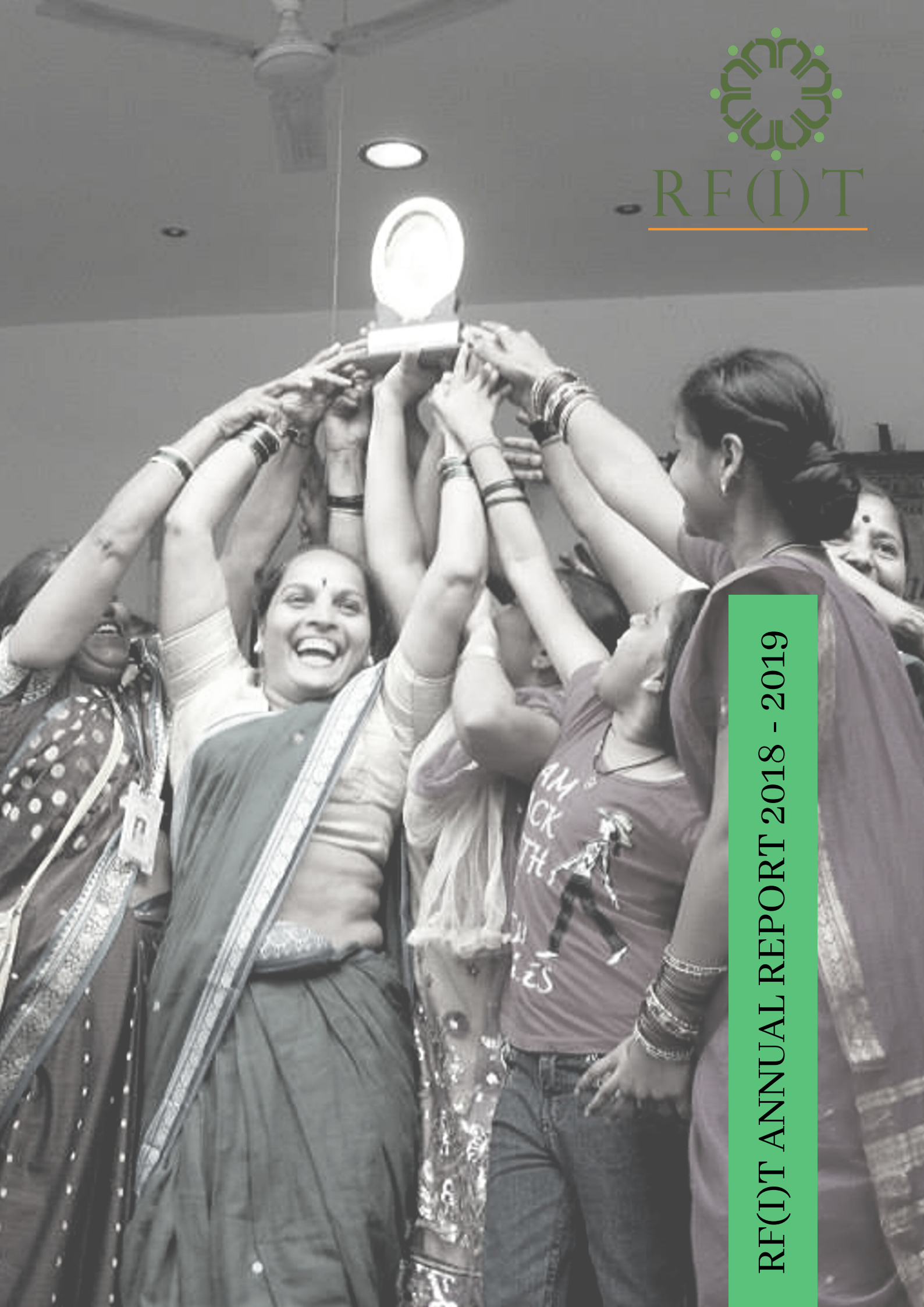




RF(I)T

RF(I)T ANNUAL REPORT 2018 - 2019



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RANGOONWALA COMMUNITY
CENTER



UMMEED HEALTH
PROGRAMME



UTKARSH YOUTH DEVELOPMENT
PROGRAMME



PARTNER SUPPORT
PROGRAMME

message from the ceo

In 2018-19 RF(I)T continued working with a need- based service delivery to rights based approach, directly reaching out to 451,898 people and many more through our partnerships with 8 organizations.

While we continued giving depth to our existing programmes by modifying and strengthening components as required, new elements were also introduced. eg. Cluster wise meetings for impact assessment and future planning of various training's and activities were organized at each of the 6 Rangoonwala Community Centres. Work with children was strengthened through the drop-in activities and dedicated time slots for self study. Adolescent girls were trained in self defense, which is a grave need in current times. Training modules were adapted for inclusion of special people and career guidance was given a dedicated focus.

We linked our computer training to the Skill Development Vocational Training Institute of India (SDVTII), in addition to the State MBTB (Maharashtra Business Training Board) . Hence, computer trainees at RCCs can get state level as well as national level Govt. Certification.

The Municipal Corporation sought our partnership for the Rubella Vaccination drive, for which Camps were conducted at RCC Pathanwadi.

We launched the TB Awareness Campaign – working towards the National pledge of a TB free India by 2025. The Mumbai Municipal Corporation recognized our efforts and we were felicitated by the city's P- North ward on the occasion of World TB Day.

Participation of volunteers and community people to take on increased ownership of the work we do was continuously focused upon. A case in point is our Aashayin Senior Citizen's Club Member participating in the National Conference of Healthy Ageing with our volunteer cadre .

Another model of community ownership was successful this year. RCC Shivtekdi was handled by a team of 4 RCC Sahayaks (community women, who are senior volunteers). They were guided by one RCC team Member. This model was replicated across other RCCS as well, but to a lesser extent.

The Maharashtra State Road Transport Corporation (MSRTC) granted free travel facility to Chronic Kidney Disease (CKD) patients twice a month, up to 100 kms for treatment. This is the result of our persistent advocacy over the years and gives State wide recognition to the issues of CKD patients. The task is uphill with much more to be done.

Our Ummeed and Utkarsh Programmes show an attitudinal shift with CKD patients focusing more on empowering their generation next through education. RF(I)T has been a part of this process. Our Utkarsh Alumini has become stronger over the years. They continue to remain connected and take ownership of processes like mentoring.

After 15 years of intensive people centric engagement, in 2018-19 we began a process of internalizing our experiences and consolidating our learning gains. Based on this, we worked on our Strategic Plan for 2019-24, wherein we will continue to use our direct interventions as laboratories which enable us to Walk the Talk and engage in partnerships which will expand our outreach and impact.

Dasra undertook a Strategic Review of our work in the reporting year.

Our work would not have been possible without the shared vision, dedication and hard work of my team, associates, resource persons, committed volunteer cadre and most importantly the people we work with, who continue to take increased ownership of the work we do.

I am privileged to have the support and timely guidance and inputs from my Trustees - Ms. Vaishali Deodhar, Dr. Quresh Maskati, Mr. Hari Chellaram.

Our gratitude to our Donors the Rangoonwala Foundation, particularly its Chairman, Mr. Asif Rangoonwala whose continued support, shared vision and belief in our work, has enabled us to do the work we are sharing with you through this report.

Nisreen Ebrahim

CEO



OUR VISION

is an inclusive society where marginalized communities are vibrant, dynamic and self sustaining.

OUR MISSION

is to enable marginalized communities to become more vibrant and dynamic by engaging them in socio-economic development initiatives directed at building capacities, thereby helping people help themselves.

ACTIVITY TO IMPACT PARADIGM

- Kya kar rahe hain
(what are we doing)
- Kyun kar rahe hain
(why are we doing this)
- Kab kar rahe hain
(when are we doing this)
- Kaise kar rahe hain
(what is the process)
- Kis ke saath kar rahe hain
(with whom are we working)
- Kya hoga
(what is the expected outcome/
impact)

RANGOONWALA COMMUNITY CENTER



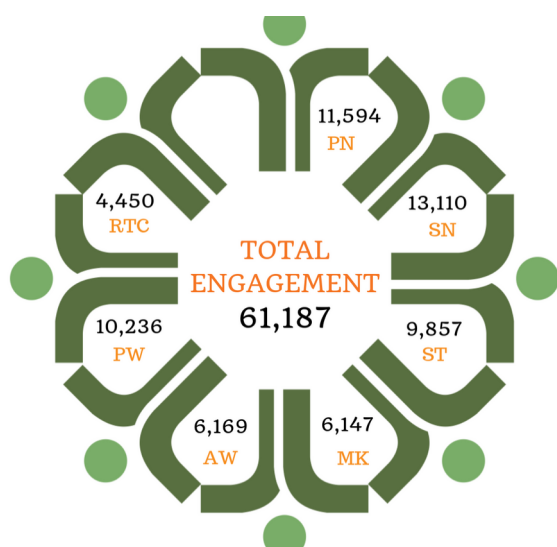
' a home away from home '

In a city starved for space, the Rangoonwala Community Centres(RCCs) are little havens- the physical spaces in the midst of Mumbai's bustling 'bastis' which women and children of resource poor communities can call their own and focus on their health and capacity building through the activity centric development approach of the RCCs.

The RCCs operate from 6 locations in the eastern slums of Jogeshwari , Andheri and Malad through a multi pronged centre based and community based approach.

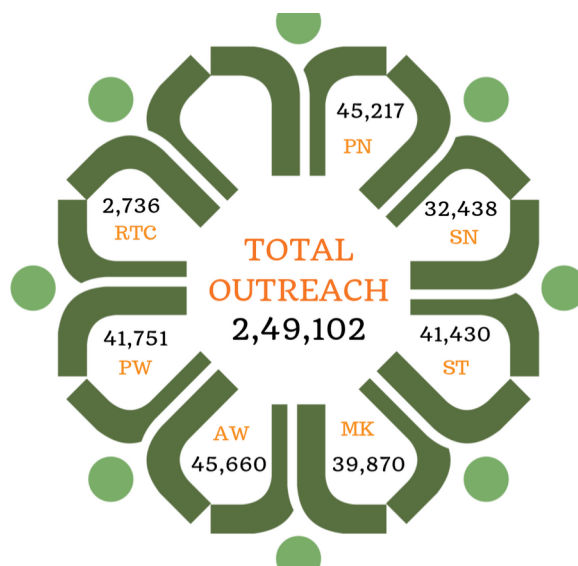
Total Engagement Across RCC's

participation in centre based activities



Total Reach Across RCC's

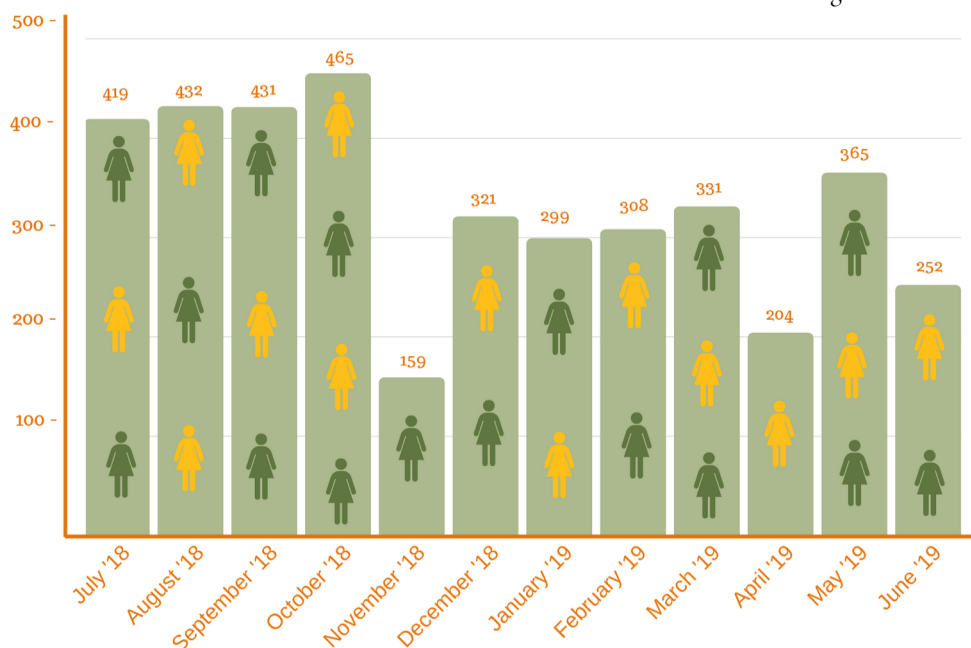
participation in community based activities



We worked on *health* through *Consultation Clinics* for women and children with a health tracking system involving follow ups ; *Health Camps* on Anemia, Cancer, Kidney Status and Bone density, *Health Awareness* in communities on these issues as well as Tuberculosis and Chronic Kidney Disease . Through these initiatives we tried to promote health seeking behavior amongst women. These were further strengthened with *Health Talks* on TB, Monsoon illnesses, Anemia, Oral hygiene & Dental care and Menstrual hygiene .



Consultation Clinic at RTC Subhashnagar



Capacity Building

We worked on *Capacity Building* with children, adolescent girls and women through a range of vocational skill building trainings like computers, mehendi, beautician, hand embroidery, jewelry making, warli painting, rangoli, cake & chocolate making, etc. These non-threatening activities bring them to the RCCs and then propel them to a journey of self development through our process based work.

We focused on *entrepreneurship development*, which our training's modules factor in. Platforms were provided for entrepreneurship development to help women gain confidence to venture out on their own.

The RCCs provided the space for mental and physical well being through yoga and aerobics trainings as well as privacy for counseling. Self Defense was taught to adolescent girls.



CLP Capacity Building



Entrepreneurship Development



Self Defense Workshop

Topics of relevance to the community were dealt with through *Monthly Open Forums* through the year. External experts including Govt. representatives shared information and engaged in a dialogue on Tuberculosis, De-addiction & Mental health, Consumer Rights, Local Self Governance, Right to Education and Career Guidance.

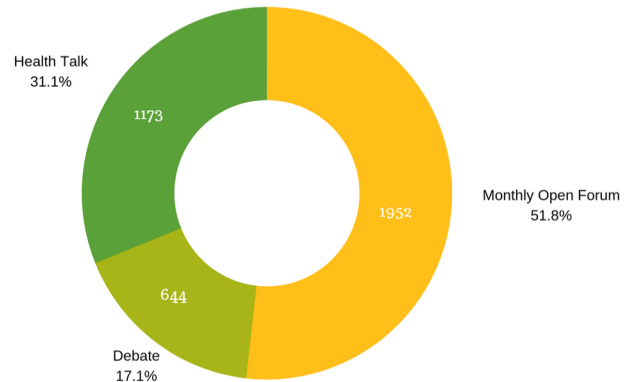
Debate Forums are our tool for perspective building, understanding and accepting differing views on issues of common interest and relevance. This year the RCC women debated on the Plastic ban, the Kerala Flood disaster, can India be TB free by 2025, Alcoholism, the Public Health Service Delivery system, and the relevance of the current system of Higher Education for Employment .

Weekly activities were organized for *Senior Citizen* members of our Aashayain Clubs. Summer camps, Exposure Visits, cultural expression through dance , etc were some other initiatives exclusively for them.

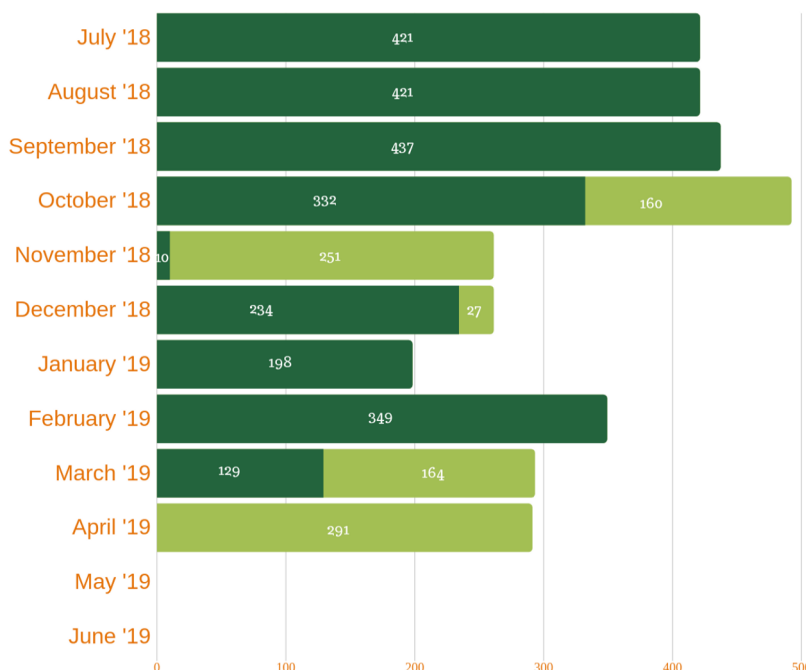
We engaged with Children through Festival and Summer camps, Bal Umang , children's drop in activities at the Centres, organized exposure visits to build a scientific temperament, engaged them in co- curricular and extracurricular activities, provide space for creative expression through art and craft, sensitization on health issues, environment and disability. We also conducted life skills sessions with 7 schools in RCC areas.

Talks

Number of talks conducted in the year:
3,769



Young students participating in the Monthly Open Forum on 'Right to Education' at RCC Pathanwadi



Vocational Training

- Long Term Training's
- Short Term Training's

No training's took place in the months of May and June 2019, as this time is earmarked for activities with children.

Dr. Priti Bhargava

The beginning of my association with RF(I)T dates back to the aftermath of the unprecedented Mumbai floods of July 2005. RF(I)T rose to the occasion and organized a number of medical relief camps, providing health evaluation and basic medicines. I got involved in this medical relief work.

Subsequently RF(I)T started a Women and Child Clinic at RCC Premnagar and I was invited to head it.

Clinics were set up at each of the 6 RCCs when they were established. There was clarity of mission- promoting health seeking behavior amongst women- and readiness to work towards achieving it. All that the clinic demanded for efficient running was provided almost instantly.

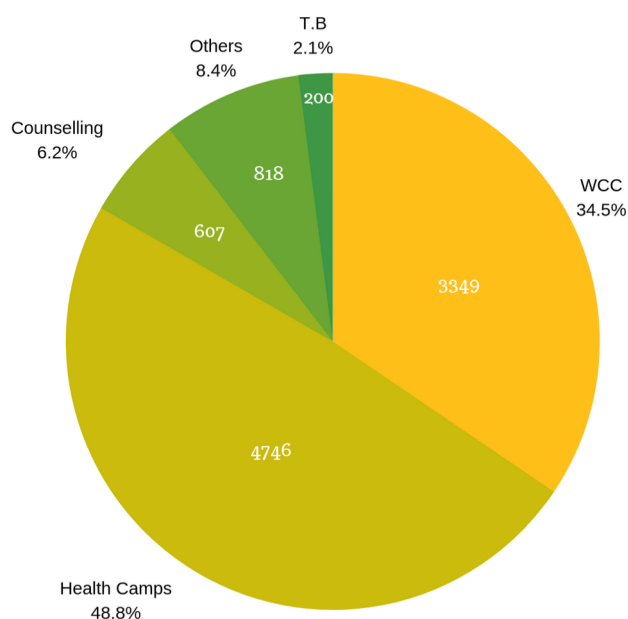
As RCCs evolved, about two years back the clinics were made 'consultation by appointment'. Dispensing of medicines was stopped. Nobody could have predicted how the community would react to this drastic change.

However, now one can say with pride that the mission with which the clinics were begun seems to have been achieved.

Patients come for consultation in spite of the fact that no medicine is dispensed.

RCCs today stand as role models that can be emulated by those aiming to uplift communities.

Health



Dr. Jasmine Khattar

RF(I)T is one of the pioneering organizations to start promotive mental health work with women. Understanding the community mental health needs, a para-counsellor training programme was started way back in 2005. Another very effective preventive mental health intervention is the weekly case consultation. A senior clinical and counselling psychologist is consulted for identified cases in the community and the case work is done by the para-counsellor. Referrals to professionals are regularly done, depending on the needs of the case in question. Follow up of each case is done as per the need. RCCs work in a very professional manner under supervision of the core team to ensure effective delivery. It is motivating to work with a committed and disciplined team.

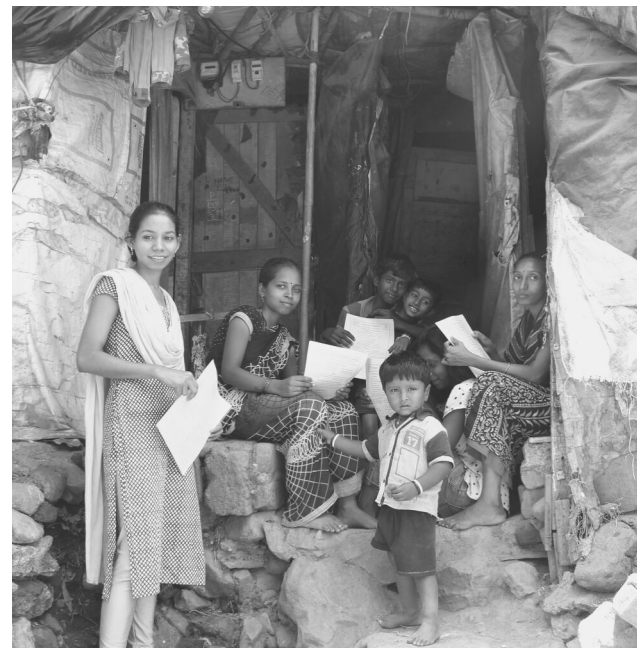
Meet Smita, Rashmi, Pratibha and Roma - four super women that make up the Center Assistants team of our Shiv Tekdi centre. Chosen from a strong volunteer cadre, these women dedicate their days ensuring that the centre's activities run smoothly. The 'awesome foursome' have grown from homebodies to active change-makers of their society, each pushing the other to work outside their comfort zone and reach their maximum potential. Their dedication and efforts shine through with the ever-increasing reach and impact of the Shiv Tekdi center, reaching out to 41,430 people during the reporting year.

They embody sustainability of the kind RF(I)T believes in – Community Ownership.

L to R - Pratibha, Roma, Smita and Rashmi



L to R- Mehjabeen, her daughters Tuba and Zoya and Salma Appa



Community members from Anandwadi

Meet the 'Chota Rangoonwala' family. Dynamic. Loving. Dedicated – these are only some of the words that can be used to describe Salma Appa, Mehjabeen and their beautiful family. The pillars of the Subhash Nagar center, this family is integrated into every aspect of our RCC. If one were to learn the art of balancing work and family life seamlessly, they could take pointers from sisters-in-laws - Salma Appa and Mehjabeen. The two women run a household that knows no distinction between the two families and simultaneously, participate in every activity at the center. Finding a way to support one another, the two sisters have artfully designed their schedules at the center so as to not overlap with each other. While Salma Appa conducts trainings such as 'Massage and Jewellery Making', Mehjabeen conducts 'Drawing Classes' and 'Mehendi' trainings. This formidable duo works like a well-oiled machine, supplementing and complementing each other.

This family has become the back bone of the Subhash Nagar center, being available at all times and giving the center their 100%.

People Engaged Through The RCC

15,185

Children engaged through RCC activities



417

Youth engaged through RCC activities

17,144

Women engaged through RCC activities



1,307

Senior Citizens engaged through RCC activities

27,134

Groups engaged through RCC activities



2,49,102

Community members engaged through RCC activities

RANGOONWALA TRAINING CENTRE



' where hobbies become livelihoods '

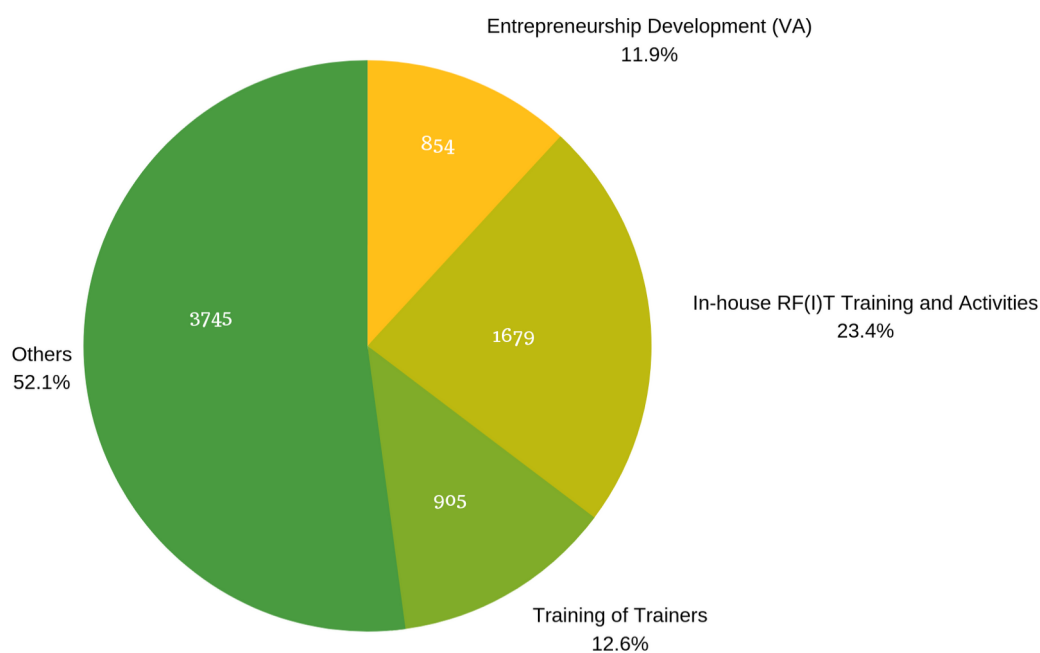
The Rangoonwala Training Centre (RTC) is the hub for RF(I)T's Training of Trainers, Centralized training's & activities and entrepreneurship development initiatives . Located at Subashnagar- Badrekarwadi in Jogeshwari (east), the RTC organized monthly master Classes for Computer trainees, Counselling Series, the monthly senior citizens get together, volunteer cadre meetings and training's in which people associated with all the 6 RCCs participated.

Training's for trainers were conducted for various activities that were conducted at RCCs through the year eg. the Theatre workshop, Dance Movement therapy, Environment, Yuva Saarthi, Bal Umang, children's drop in activities, School Outreach Programme etc. Modules of various training's conducted at RCCs were reviewed, planned and developed. RTCs provided the space for Focused Group Discussions and monthly meetings for RCCs



Yuva Saarthi girls having a discussion

RTC



Pan RF(I)T trainings like the perspective and value building workshops for the RF(I)T team and volunteer cadre, Campaign trainings for TB, Saktark Patients Rights and Chronic Kidney Disease and First Aid Trainings were organized through the year.

Entrepreneurship development initiatives are an integral part of the RTCs work. Workshops were conducted through the year to promote individual entrepreneurship as well as supporting participation in events like Pratibimb. Women who have the will are assessed for their skills and potential, inputs given on raw material sourcing, costing, pricing, product design and development, packaging, presentation as well as marketing communication.

RTC has enabled RF(I)T, particularly the RCCs, which are starved for space, to enhance efficiency and the quality of the work and trainings through centralized access of expertise, specially external expertise that is difficult to reach to individual RCCs.

Saroj

Saroj, soft spoken and gentle, joined RCC Subashnagar around 9 years ago when she enrolled for our Warli painting training. Completing almost every training since then and still continuing with her passion in Warli, Saroj is now responsible for RTC's Warli Entrepreneurship Development Unit. Saroj is an essential cog in this process of turning skills into livelihoods. It gives her immense pleasure to teach what she has learnt. She feels she learns even more through this process! She passes on not only her skills but tips on entrepreneurship, being one herself.

Ever ready and enthusiastic, Saroj is also a Sahayak, spreading health awareness in the community for which she is recognized as 'Rangoonwala Ma'am' giving her an identity of someone who works for the betterment of her society.

Saroj



Vocational Activities



Senior Citizens Club

"I am 70 years old. Nobody in my entire life has celebrated my birthday but Rangoonwala has given me this love and care which I will never forget....." – Aashayein Senior Citizen Club member

UMMEED HEALTH PROGRAMME



*' an informed patient is a smart
patient '*

RF(I)T's Ummeed Health Programme focuses on access of timely and cost effective treatment for patients . While the main focus of work remained on financial assistance, advocacy and lobbying for Chronic Kidney Disease (CKD) patients, other socio- economically vulnerable patients were assisted taking a life enabling approach after thorough due diligence. Our weekly Small Disbursement Programme to help patients with immediate and emergency treatment costs continued at the Municipal L.T.M.G. (Hospital) , where the highest percentage of resources had to be deployed. Increasing user fees for patients at Govt. Hospitals despite a range of schemes for their support remains and issue of concern. We focused on this through networking, stakeholder dialoguing and guiding patients. Ummeed plays a critical role as an information cell for patients focusing on their access to entitlements and other sources of assistance. Concession and easier access to transport facilities for CKD patients continues as the focus of advocacy work. The Maharashtra State Road Transport Corporation (MSRTC) granted free travel facilities up to 100 kms, twice a month for treatment to CKD patients. While grossly inadequate, it is a beginning.



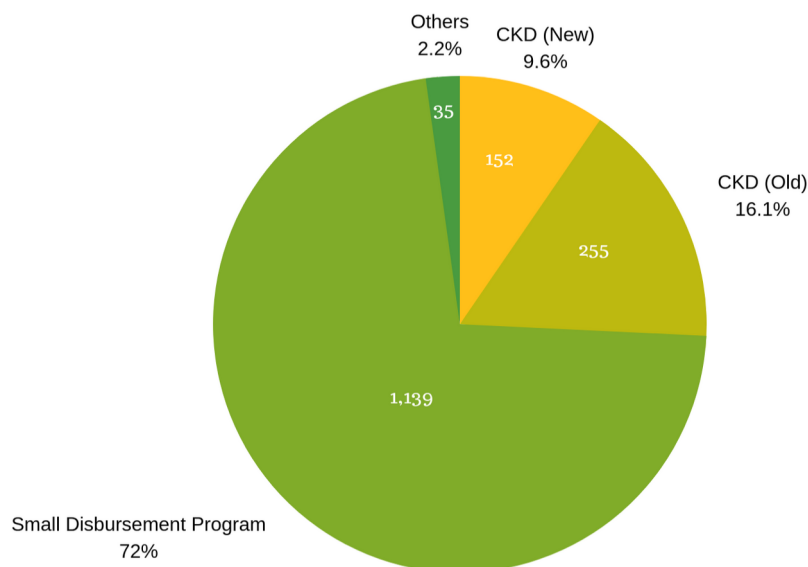
Treatment facilitated by Ummeed Health Programme



Ekta Support Group volunteer

Volunteer cadre building processes continued through the year by strengthening the Ekta Support Group of CKD patients and their families. They were involved in advocacy processes, sensitization and health awareness at RF(I)T events , trainings for their capacity building on TB, CKD, Satark Patients Rights and First aid.

Medical Assistance Provided



The Ummeed Difference

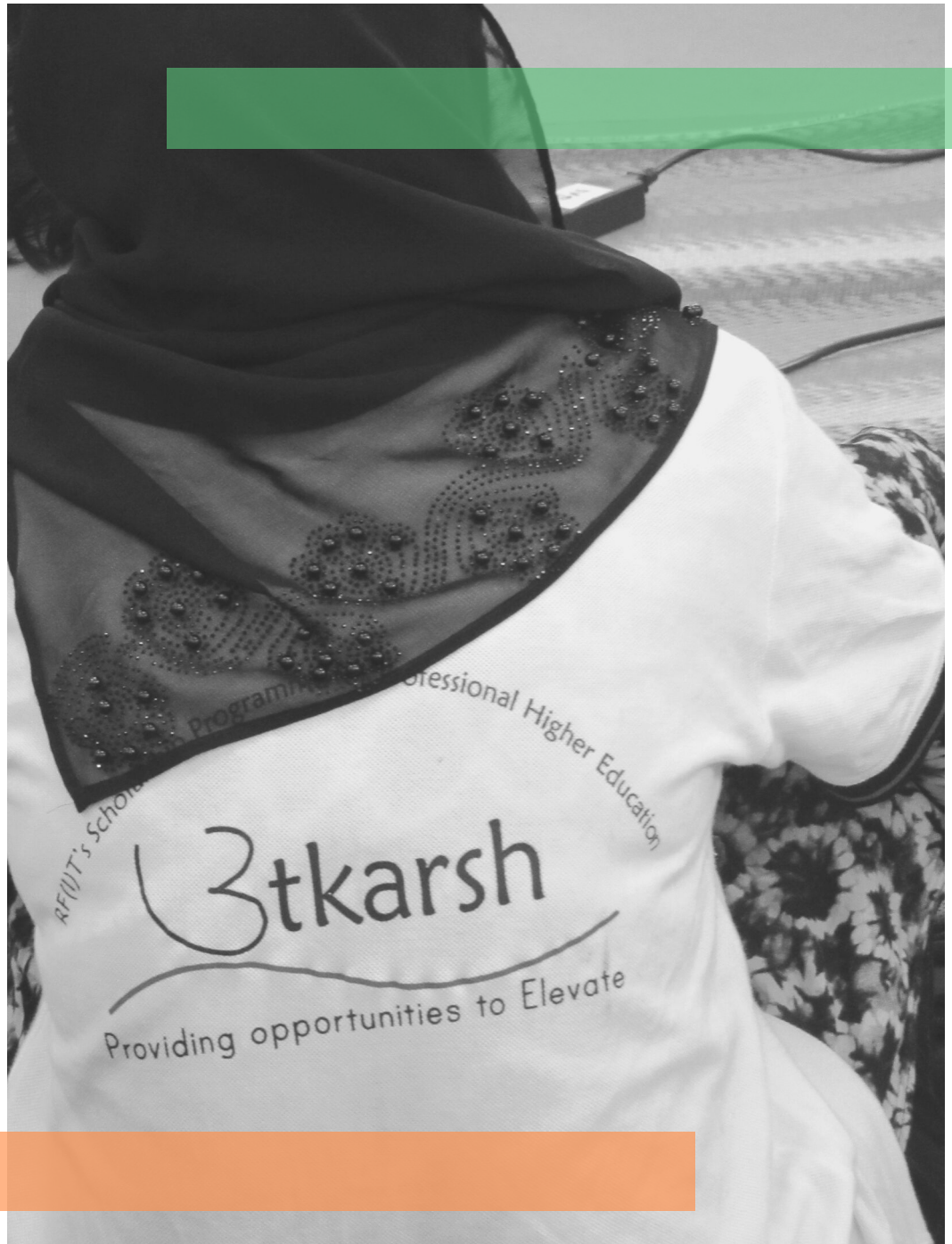
Charuta Rane

Charuta Rane, the wife of a kidney failure patient, a mother of 3, the sole bread winner of the family. Charuta Rane – the Superwoman. When Charuta's husband was tragically diagnosed with kidney failure, the responsibility of her home shifted solely onto her shoulders. However, when the going got tough, Charuta got tougher. She tripled as a tailor, post office savings agent and a home based tikli worker just to make ends meet. The thought of compromising on her children's education never even came to mind as she worked tirelessly to give them the best education possible. When RF(I)T facilitated a seat for her daughter Minal at the M.A Rangoonwala College of Dental Science & Research, Pune, she encouraged her daughter to take it despite the considerable expense. As an active member of the Ekta Support Group, Charuta finds the time to spread awareness on prevention of Chronic Kidney Disease.



Charuta Rane with daughter Minal

UTKARSH YOUTH DEVELOPMENT PROGRAMME



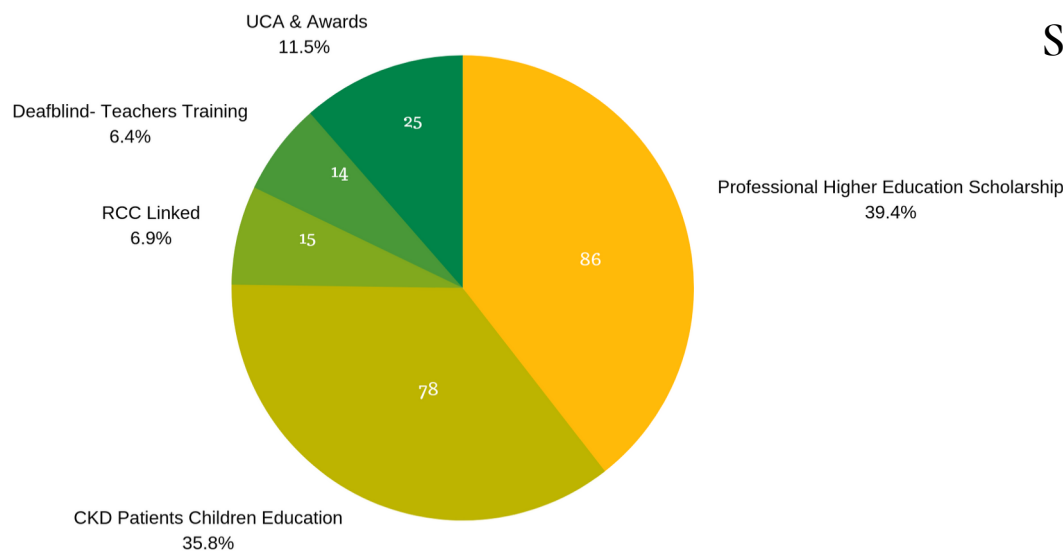
' education for all '

RF(I)T believes in investment in youth today for a better tomorrow.

In addition to scholarships for professional higher education to help selected students meet ever increasing education costs, the Utkarsh Programme assisted Chronic Kidney Disease patients in educating their children across all levels of study. It also contributed to education costs of RCC youth Volunteers. Hotel Management and Dentistry seats were facilitated at Rangoonwala Colleges in Pune. Our commitment to invest in human capital to work with the multiple disabled in the country continued with scholarships for the deafblind teacher trainees at Helen Keller Institute.



Utkarsh Students



Scholarships Awarded

Instilling values of giving back to society is the core of the Utkarsh Youth Development Programme. Each Utkarsh Scholar commits to a volunteering task of 10 days. The task for the year was to spread awareness on TB. This made youth aware of the enormity of the issue and what it will take to fulfill the national pledge of a TB free India by 2025. Other trainings conducted in the year for overall development of youth associated with Utkarsh were First Aid, Employability related Soft Skills, life skills training in an outbound setting through the Students Day Out. Students and their families came together to network and celebrate successes at the Annual Awards Programme. This year Alumni took centre stage as role models. Optional Volunteering at events honed the management, team work, communication and coordination skills of Utkarshites.

The format of the leadership development programme – Utkarsh Campus Ambassadors(UCA) for selected students was changed this year with quarterly capacity building inputs and related periodic volunteering tasks. Inputs were given to them on TB, Life skills, social issues like homelessness and gender and access to Govt. Scholarships and related issues.

Our Alumni remains committed to mentoring – not only to RF(I)T and Utkarshites, but others as well. 2 Alumni were invited by Chehak Trust for a mentoring session with their scholarship students.

Manisha Naik: CEO, Chehak Trust

The interaction session of SAM (Sahyog Scholarship-Mentorship programme) scholars with Maseera and Jyoti went off very well. Meeting both of them who have a similar background and are not much older was quite inspiring for all the girls. The fact that one is a dentist and the other an engineer - both tough professional courses to complete (in monetary and academic terms) was an eye opener. Both addressed the challenges faced by them which are very similar to what our scholars face. It was wonderful meeting them. They are so young yet clear in their thoughts and what they want to achieve. No wonder our girls felt inspired!



Utkarsh Alumni Maseera Fodkar and Jyoti Mane with scholars of Sahyog's Scholarship Mentorship Program

The Utkarsh Difference

Dr. Maseera

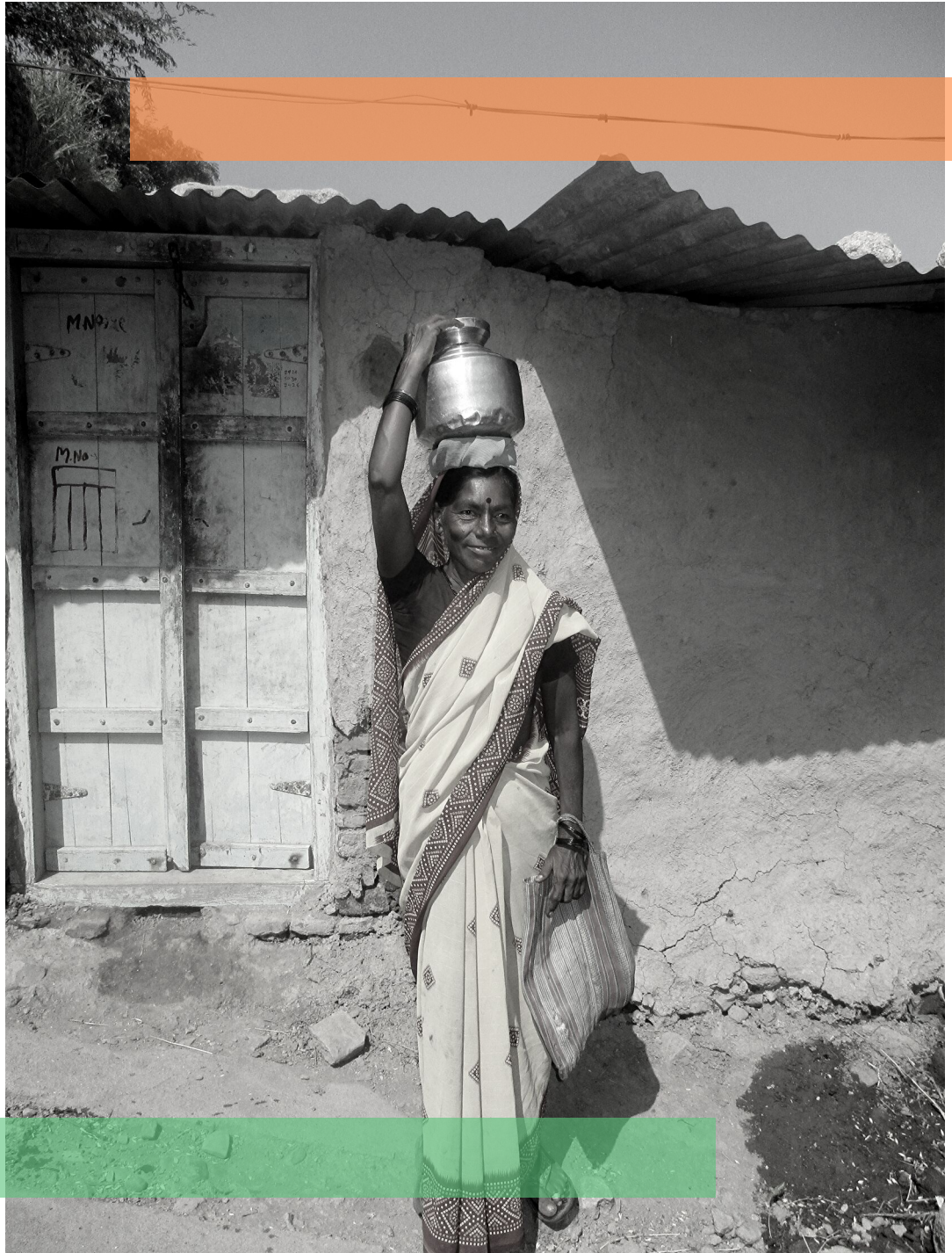
Once an Utkarsh Scholar but an Utkarsh Alumni forever!

Meet Dr. Maseera Fodkar, an Utkarsh Alumni who brilliantly embodies all of RF(I)T's values till date. Having graduated from the scholarship program a couple of years ago in Dental Surgery, Maseera now works diligently at 2 dental clinics. In between her busy schedule she always finds time for her RF(I)T family. A ready Volunteer and Trainer, she juggles her responsibilities at her Clinics to take mentoring sessions for youth through the Yuva Saarthi Workshops at the Rangoonwala Community Centres, the Utkarsh Soft Skills workshops as well as mentoring other groups of students. An exemplary work ethic and dedication leads Dr. Maseera back to us everytime!



Dr Maseera Fodkar at her clinic

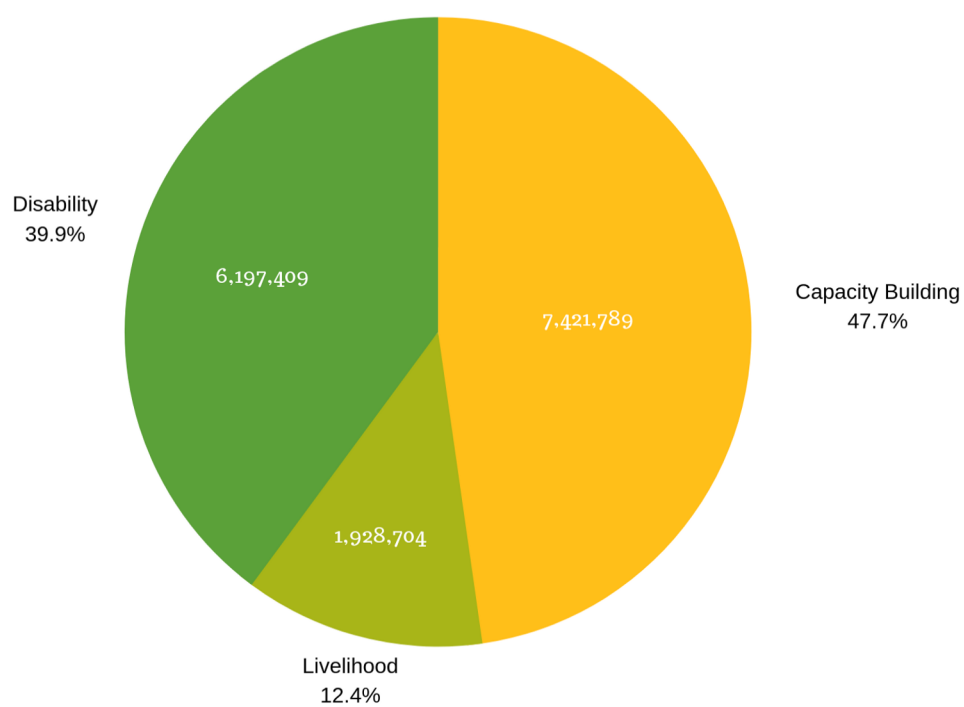
PARTNER SUPPORT PROGRAMME



'partnerships towards a better tomorrow'

In a vast country like India with a multitude of development needs, RF(I)T partners with like minded Organizations across the country to broaden outreach and impact of it's work.

Sector Wise Fund Distribution



We partnered with *Vikas Sahyog Prathisthan (VSP)* in 45 villages in 3 blocks of Buldhana district of Maharashtra reaching out to a population of 45,103 ; to Facilitate processes of capacity building of communities through initiatives for land based and non- land based sustainable rural livelihoods, entrepreneurship development and advocacy.



VSP facilitated Poultry unit in rural Maharashtra



Annual Day at Chehak

We partnered with *Chehak Trust* for their Sahyog Sangharsh Programme for a Wholistic Community Based Intervention for Children and Adolescents with Disability including disability sensitization, networking and advocacy. Over a period of 3 years the project aimed to provide centre based rehabilitation services to 38 special children, home based services to 8, involve 25 family caregivers in various activities and processes and form a cadre of 25 dedicated volunteers. The partnership also sought to sensitize 750 people in educational Institutions, Community groups and families. The Sahyog Sangharsh Centre is a zero rejection Disability Centre in the midst of Mumbai's basti.(resource poor area)

We partnered with *The Banyan* to support to 3 Nalam (Wellness) Centres in Santhome, KK Nagar and Teynampet wards of Chennai city reaching out to 500 people with psychosocial needs , 150 Children and Adolescents, with a focus on those in difficult circumstances and 80 Carers of those with a mental illness. The partnership sought to promote wellness within the context of low income urban communities that address social barriers, stigma around mental health and encourage learning and creativity through community based wellness centers ; to alleviate socio-economic burden of mental ill-health by facilitating access to community resources, family support and social care and enable a grassroots workforce of wellness mobilizers and community resources to address wellness needs in the community by applying local resources .



Women at the Banyan centre

We partnered EKTA, SPREAD and WORD in Koraput district of Odhisha, to work towards achieving recognition and inclusion of family carers of the disabled and mentally ill from Adivasi communities .

We partnered EKTA in 91 villages across 6 Gram Panchayats in Koraput and 4 Gram Panchayats in Dasmantpur blocks with a population of 47,847 people in 12,674 households; SPREAD in 179 villages across 10 Gram Panchayats with a population of 61,884 people in 15,001 households and WORD in 114 villages across 13 Gram Panchayats with a population of 66,621 people in 16,178 households.



World Carer Day

The partnership seeks to directly benefit 1500 unpaid family carers plus 1500 individuals with a disability or mental illness for whom they care. The Indirect Beneficiaries of the partnership are 4,500 other family members, as a result of enhanced household inclusion in the community, improved health and greater economic security.



A carer from the program

The partnership is working towards improving the physical and mental health, promoting social inclusion and increasing household income of the Carers; forming Carer Groups and empowering them to advocate for their needs and rights and establishing the necessary links and facilitating provisions to ensure the assessment, diagnosis, treatment and therapeutic needs of the disabled and mentally ill individuals being cared for.



Carers gettogether

We partnered *Sri Arunodayam* to improve the quality of life of more than 100 mentally challenged children and youth who are abandoned and enable them to become participatory and contributory members of the society through the support of Human Resource to work with them.



A special child at Sri Arunodayam



A special child receiving therapy under the Sense International (India) partnership

We partnered *Sense International (India)* for scaling up of services for deafblind and multi sensory impaired (MSI) persons, to at least 250 deafblind/ MSI persons and 150 persons with other disabilities with similar needs in four districts of Maharashtra, in 4 Districts of Maharashtra namely Dhule, Solapur, Srirampur (Ahmednagar) and Nagpur. Through the partnership we Setup Vocational Training programmes in 2 districts of Maharashtra (Nagpur and Shrirampur) and supported 15 young adults for Income Generating Activities (IGA) through entrepreneurship development. Awareness building on deafblindness was an integral part of the work, aiming to reach out to 1200 parents, 50 Government Officials, 16 NGOs and society in general and building the capacity of 16 NGOs in 4 districts and 100 SSA teachers to work with deafblind/MSI children.

Partners Speak

RF(I)T has provided critical support to promote inclusion and advocate for social justice for children and adolescents with disabilities by strengthening the programme's human resource capabilities. It is with their support that our work has grown in scope and in a systematic and sustainable manner. In addition to direct support, RF(I)T has always been open and welcoming in sharing their work with us and presenting opportunities for collaboration. Visits to the Rangoonwala Community Centres and participation in their events and trainings have given us the opportunity to meet and interact with their teams and discover new ways of working with communities. Discussions held during site visits and feedback on the half-yearly reports we submit have been meaningful in planning ahead strategically. Their dedicated volunteer cadre has been inspiring and inspired us to develop one. We value our partnership with RF(I)T which is built on mutual respect and trust.

- Dr. Beena Choksi, Chehak Trust

Working with RF(I)T has always been learning and enriching experience. RF(I)T always encourages Professionalism along with value of Humanity to create Women and Youth Entrepreneurs.

Constant understanding, sensitivity and realization of the grassroots issues are the strengths of RF(I)T. Strong monitoring and evaluation system of RF(I)T has developed discipline, improved reporting skills and helped us constantly track the cumulative benefits of the partnership. This has developed our cumulative thinking in every aspect of our work. RF(I)T constantly keeps motivating us and improvements are recognized and acknowledged.

Powerful capacity building, trust and continuous connect with the partners, inviting in partnership and solidarity events such as Pratibimb, BalUtsav etc. has been some strong points of RF(I)T in enhancing this relationship. VSP is proud to work with RF(I)T.

- Mohan Surve, Vikas Sahyog Prathisthan

RF(I)T support has not only impacted the life of our children but has strengthened several of our processes – namely HR policies and systems, capacity building, financial monitoring, project management, monitoring and evaluation, and even resource mobilization. We have witnessed a year-on-year, month-on-month improvement in our performance on account of this valuable partnership and even underwent a cultural shift in key areas like project planning, management & reporting, communications, and stakeholder involvement because of them.

- Iyyappan Subramaniyan, Sri Arunodayam Charitable Trust

CAMPAIGNS



'let us spread awareness'

Empowering through information, our Campaigns reached out to 1,32,621 people in 2018-19 through the initiatives of our Umeed Health and Utkarsh Youth Development programmes. The campaigns used a multipronged approach of trainings, civil society engagement, Observing World Kidney Day, World TB day and World health Day to spread awareness.

SATARK

Satark, our Patient's Rights campaign addresses the importance of timely information that is Citizen is entitled to as a Patient. It shares information of how to access treatment from Government and Charitable Health Facilities, support available for treatment costs, Rights of Patients in Emergency and Accident cases, Right to information and Redressal.

UTTHAAN

Utthaan, our Right to Higher Education campaign attempts to build awareness on the state of higher education in the country – it's lack of availability, affordability and quality. It also gives information on Government and non-Government sources of financial assistance for students seeking to pursue higher education.

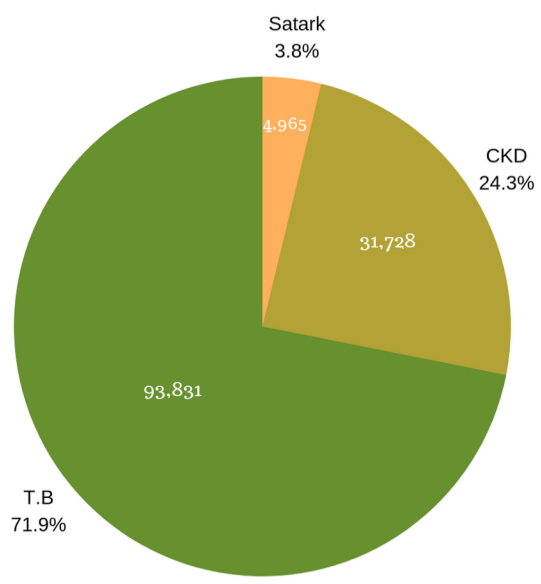
CKD

T.B

Our Chronic Kidney Disease and TB Awareness Campaigns focus on prevention, care and treatment entitlements from Government and other sources. They follow the tried and tested adage of prevention is better than cure.

Tuberculosis was RF(I)T's Campaign theme for 2018-19. We researched and presented awareness material that was found useful by many.

Campaign Outreach



Brijesh Tiwari, a dedicated and active Ekta Support Group Volunteer, spreading awareness on prevention and treatment of Chronic Kidney Disease. Having experienced the difficulties faced by a CKD patient – his wife being one, he is committed to do his best to put in time and efforts to save others the trauma his family had to go through. A hawker selling covers for electronic items, CKD related IECs (Information, Education & communication materials) are an integral part of his wares.



ESG volunteer Brijesh Tiwari



Campaign awareness in Takali Village in Shegaon block, Buldhana



Awareness in Korba Mithagar, Kalewadi, Wadala



Senior Citizen raises awareness at RCC
Anandwadi

Directories

RF(I)T's 'Directories' which are a compilation for financial assistance to Patients and Students are a valued resource sought by many, including the Government. 1444 medical directories and 653 scholarship directories were directly accessed from RF(I)T during the year. They have been widely used as photocopies, soft copies as well as on social media, making the information accessible to many more.

EVENTS



' the time of festivities '

RF(I)T events bring together people associated with us and many others associated with them....

These Celebrations infuse energy, a lot of joy, bring together people in solidarity, giving momentum to our work.

A regular Volunteer at our events aptly put it 'there is so much of struggle and despair in our everyday lives, the RF(I)T events bring good cheer, hope and a lot of fun ! They revitalize us to face the challenges ahead.'

Bal Utsav- -Celebrating Children's Day



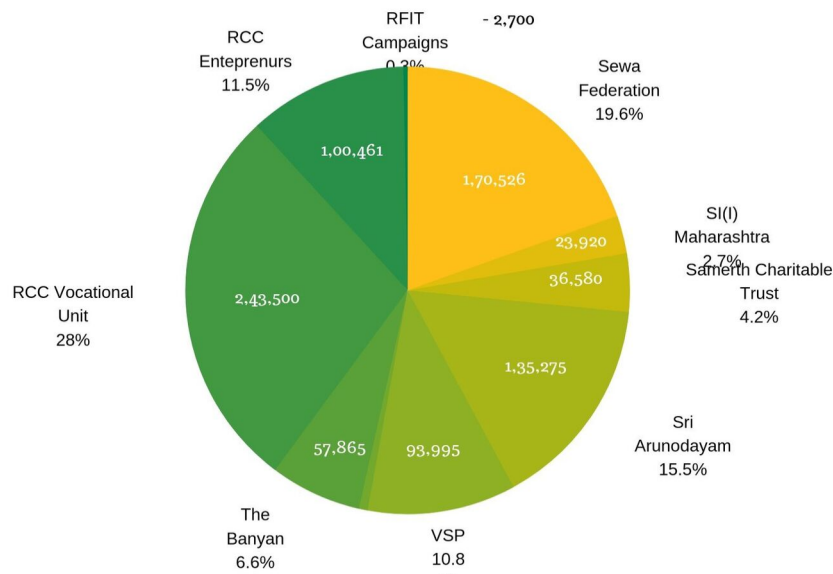
Organized on November 27 & 28, 2018; Bal Utsav saw a record participation of more than 2,000 children. 7 schools from RCC areas connected with us through the School Outreach Programme, 3 NGOs and children from the communities RCCs work in participated. The theme for projects as well as Cultural Competitions was Plastic Ban. The participating children were sensitized to Disability and Chronic Kidney Disease; got an opportunity to see and learn from the Prize winning projects of the 6 RCCs, learnt basic self defense, enjoyed games as well as art and craft activities.

Due to various constraints, children from RCC areas do not otherwise get such opportunities.

For the first time, special children from our Partner Organization – Chehak Trust participated in the Cultural Competition and won the coveted M. A. Rangoonwala trophy.

RF(I)T's volunteer cadre assisted the team in organizing and handling the event.

Pratibimb - Celebrating Entrepreneurship



Organized Between Dec 11 – 14, 2018; Pratibimb provides an opportunity for RCC entrepreneurs and RF(I)T's Partner Organizations to showcase their products & skills, network and sensitize civil society to the causes they work for. The products on sale and services offered are a Pratibimb(Reflection) of the issues the participants work on. Exposure visits and skill demonstrations were organized as part of the event. The RF(I)T Campaigns Stall was handled by Utkarsh and Ekta Support Group Volunteers. 2,439 people visited Pratibimb.

Participant Speaks



RCC Pratibimb GO - NGO meet

“Pratibimb, organised by RFIT, is an annual event that mental health service users of The Banyan, their caregivers and the Vocational Training team of The Banyan look forward to. Besides showcasing their work to a national audience and generating income, it is also an opportunity that promotes social mixing, encourages exposure to newer experiences and helps build useful and lasting relationships with people who may experience similar distress. It also widens our own understanding of the creative arts and their role in one's recovery.”

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Utkarsh Youth Development Awards Programme - Celebrating Success

The Awards Programme on Jan. 20, 2019 was attended by 382 people, including Utkarshites and their family members. The Awards programme celebrates success of students and their families post the struggle of educating them. It recognizes academic achievement, but more importantly perseverance and imbibing the values RF(I)T has strived to instill in the youth.. There were many firsts this year- Alumni took centre stage as role models, Ekta Support Group members received awards for persevering to educate their children and a vocational trainee from our Partner Organization- Vikas Sahyog Prathisthan was awarded for teaching motor rewinding to 7 others, after receiving training through our support; enabling them to earn incomes. This simple initiative is very valuable in drought prone Buldhana in Rural Maharashtra, where migration for livelihood is the only other option.



Dr. Maseera Fodkar receiving an award with her parents



Awardees from the January 2019 Utkarsh Youth Development Awards Programme

RCC Pratibimb- Celebrating Women's Day

The Cultural Programme on the theme of Women's Empowerment, organized on Feb 28, 2019 at Ravindra Natya Mandir was attended by more than 1,000 people. . The 6 RCCs competed through dance performances. The Centres collectively put up a powerful skit scripted by them and emerging from an intensive training process in theater in the preceding months. The celebrations continued on March 9 & 10 at Subashnagar- Bandrekarwadi at our Centres and the area adjoining it. The 2 days saw a GO- NGO meet, get together of cultural programme participants, skill competitions and providing opportunities to women entrepreneurs associated with us to put up stalls. 74 entrepreneurs earned INR108,912/- and the event saw an overall participation of 12,194 people.



RCC Pratibimb Event

FINANCIALS

Schedule VIII (Vide Rule 17 (i))					
Name of the Public Trust :RANGOONWALA FOUNDATION (INDIA) TRUST					
Balance sheet as at : 31 MARCH 2019					
(Amount in Rupees)					
As at March 31, 2018	FUNDS AND LIABILITIES	As at March 31, 2019	As at March 31, 2018	PROPERTY AND ASSETS	As at March 31, 2019
1,001	Trust Funds or Corpus :	1,001	-	Immovable properties (at cost)	-
-	Balance as per last balance Sheet	-	-	Balance as per last balance sheet	-
1,001	Add : Additions during the year	1,001	-	Less : Depreciation charge for the year	-
-	Other Earmarked Funds :	-	-	Furniture and fixtures :	-
-	(Created under the provisions of the	-	1,074	Balance as per last balance sheet	1,085
-	trust-deed or Scheme or out of the	-	25,404	Additions during the year	27,860
-	income)	-	25,393	Less : Depreciation charge for the year	27,858
-	Depreciation Fund	-	1,085		1,087
-	Sinking Fund	-	-	Air Conditioners	-
-	Reserve Fund	-	-	Balance as per last balance sheet	8
-	Any Other Fund	-	8	Additions during the year	-
-	Loans (Secured or Unsecured) :	-	-	Less : Depreciation charge for the year	-
-	From Trustee	-	8		8
-	From Banks (book overdraft)	-	-	Computers, printer, Accessories & Software :	-
-	From Others	-	417	Balance as per last balance sheet	465
-		-	4,57,867	Additions during the year	1,13,216
-		-	4,57,819	Less : Depreciation charge for the year	1,13,202
-	Liabilities:	-	465		479
23,60,138	For Expenses (Schedule D)	15,85,729	-	Office equipments	-
4,000	For Advances	-	131	Balance as per last balance sheet	142
-	For Rent and other deposits	-	1,50,640	Additions during the year	84,020
-		-	1,50,629	Less : Depreciation charge for the year	84,010
-		-	142		152
-	Income and Expenditure Account:	-	22	Office Telephone and Mobiles	-
96,23,132	Opening balance	64,66,690	35,500	Balance as per last balance sheet	28
-	Less: Appropriation if any	-	35,494	Additions during the year	-
96,23,132		64,66,690	28	Less : Depreciation charge for the year	-
(31,56,442)	less: Current Year's Surplus/Deficit	20,92,782	-	Investments	28
64,66,690		85,59,471	7,323	Current assets	-
-		-	-	Accrued interest on short term Deposit	5,344
-		-	8,41,492	Deposits and advances:	-
-		-	79,091	To Trustees	-
-		-	9,20,583	To Employees	-
-		-	-	To Others	9,01,801
-		-	-	To Tax deducted at source	32,578
-		-	33,11,042	Cash and bank balances (Annexure A)	-
-		-	45,61,735	(a) In Savings Account	4,50,859
-		-	29,418	(b) In Fixed Deposit	86,94,129
-		-	-	(c) Cash in Hand	59,736
-		-	-	(d) With the manager	-
-		-	79,02,195	(e) With the Trustee	-
88,31,829	TOTAL	1,01,46,201	88,31,829	TOTAL	1,01,46,201

The above balance sheet to the best of our knowledge and belief contains a true account of the Funds and Liabilities and of the Property and Assets of the trust.
Significant Accounting Policies as per Schedule D

As per our report of every date
For C N K & Associates LLP
Chartered Accountants
ICAI Firm Registration No.101961W/W100036

Manish Sambat
Partner
Membership No. 101684

Place : Mumbai
Date :

6 AUG 2019



For RANGOONWALA FOUNDATION (INDIA) TRUST

TRUSTEE

TRUSTEE



REGISTRATION No:- E-20860
(MUMBAI)

6 AUG 2019

SCHEDULE -IX [Vide Rule 17(1)]					
Name of the Public Trust: RANGOONWALA FOUNDATION (INDIA) TRUST				Registration No. E - 28060 (Mumbai)	
Income and Expenditure Account for the year ended 31 March 2019 (Amount in Rupees)					
for the year ended March 31, 2018	EXPENDITURE	for the year ended March 31, 2019	for the year ended March 31, 2018	INCOME	for the year ended March 31, 2019
-	To Expenses in respect of Properties:	-	-	By Interest (accrued / realised)	-
-	Rates, taxes, cesses	-	-	On securities	-
-	Repairs and maintenance	-	-	On loans	-
-	Salaries	-	332,095	On bank / fixed deposit accounts/others	341,787
-	Insurance	-	-		
-	Deprecation (by way of provision or adjustments)	-	-	By Dividend	-
477,164	To Establishment Expenses	493,419		By Donation in cash or Kind	
	(as per Annexure B)		37,989,018	In cash (through bank)	45,195,722
-	To Remuneration to trustees	-	6,900	In Kind	-
34,467	To Legal and professional expenses	25,296	18,032	By Income from other sources	1,310
145,010	To Audit Fees	145,000	133,067	Misc. Income	
21,205	To Misc Expense(Training & Capacity Building)	13,615	3,156,442	ByCommunity Contribution	
94,314	To Depreciation	63,660		By Deficit carried over to Balance Sheet	
	Fixed Asset W/off				
-	To Amounts written off :	-			
-	(a) Bad debts	-			
-	(b) Loan Scholarship	-			
-	(c) Irrecoverable rents	-			
-	(d) Other items	-			
-	To Amounts transferred to Reserve or Specific funds	-			
-	To Expenditure on Objects of the Trust (classification is as certified by trustees) (as per Annexure C)	-			
21,924,294	(a) Religious	23,040,559			
18,939,100	(b) Educational	19,664,488			
-	(c) Medical and poverty relief	-			
-	(d) Relief of poverty	-			
-	(e) Other charitable objects	-			
-	(f) Flood relief	-			
-	(g) Disaster relief	-			
	To Surplus carried over to Balance Sheet.	2,092,782			
41,635,554	Total	45,538,819	41,635,554	Total	45,538,819

Significant Accounting Policies as per Schedule D

As per our report of even date
For CNK & Associates LLP
Chartered Accountants
ICAI Firm Registration No.101961W/W100036

Manish Sampat
Partner
Membership No. 101684
Place : Mumbai
Date :



6 AUG 2019

For RANGOONWALA FOUNDATION (INDIA) TRUST

TRUSTEE

TRUSTEE



REGISTRATION No:- E-20860
(MUMBAI)

OUR KNOWLEDGE PARTNERS

1. Dr. Priti Bhargava
2. Dr. Jasmine Khattar & Institute of Exceptional Children
3. Raj Computers
4. Sprouts
5. Khatri Foundation
6. Magic Bus
7. The Yoga Institute
8. Helen Keller Institute for the Deaf & Deafblind
9. Niramaya Health Foundation
10. Cancer Patients Aids Association
11. Praja Foundation
12. Akhil Bhartiya Grahak Rahaat Parishad
13. Tapasya Foundation
14. Nirmala Niketan – College of Social Work
15. Manjul Bharadwaj
16. Neelu Grover
17. Centre For Life Long learning- Tata Institute of Social Sciences

And all our Resource Persons & Associates who have made the work we do possible.

OUR PEOPLE

Community ownership is the first step towards sustainability. The RCC Sahayaks, Spearheads & Volunteers, The Utkarsh Campus Ambassadors and Ekta Support Group Volunteers are an integral part of RF(I)T .

Having benefitted from RF(I)T's development processes in some way, they have reached out to others , giving back to society in many, many different ways . They imbibe one of RF(I)T's core values - the Spirit of Volunteerism.



Team RF(I)T with our Volunteer Cadre

RF(I)T TRUSTEES

Ms. Vaishali Deodhar
Dr. Quresh Maskari
Mr. Hari Chellaram