

R F (I) T

Rangoonwala Foundation (India) Trust

Annual Report 2021-22

Message from the CEO

“Start by doing what’s necessary, then do what’s possible; and suddenly you are doing the impossible”

This quote by St. Francis of Assisi sums up the year gone by for RF(I)T.

The beginning of the reporting year saw us slowly coming to terms with the second and more deadly Delta wave of Covid 19. Mumbai, where we work, went through one of the strictest lockdowns in the country. At approximately 21 million people, we are the most populous city in India and the fourth in the world. 41.3 % of our people live in the slums. In this context, it was not surprising that ours was one of the most gradual lockdowns to be eased. This was at a time when the economically marginalized amongst us were slowly picking up the pieces of their lives post the first wave of the Covid 19 pandemic and the ensuing humanitarian crisis. In the first wave of the pandemic, a few had meagre savings to fall back upon, but many survived through external support. As the focus was slowly changing from lives to livelihoods, people were grappling with multiple shifts- occupational, social, emotional, economic. Many took loans to re-start work. The second wave of the pandemic pushed them back again and with it, many in debt traps.

Work with Children in the areas of our Community Centres was our largest intervention in the past year. We worked with more children than the pre-Pandemic times.

We continued to unlearn, learn and re-learn through uncertain times. We moved from an on-line to a hybrid format and then to in-person activities during the year.

We drew strength from the spirit of the people we work with, did what we felt was necessary, what was possible and attempted what would otherwise seem impossible.

The six Rangoonwala Community Centers took an “Each One Take One” approach to replicating the work of RCCs in six new areas. This led to the regular interventions at two more locations in Mumbai’s slums - Pump House and Juhu Galli.

Our Ummeed and Utkarsh Programmes continued with a need based, wholistic approach to two issues that have affected people’s lives the most – health and education.

Our Activity - to - Impact paradigm through our 6ks help us plan, reflect, review and regroup in a fast changing macro and micro environment.

RF(I)T – an Overview

“Each one of us can make a difference. Together we make change.”

-Barbara Mikulski

Rangoonwala Foundation (India) Trust-[RF(I)T] registered in 2003, is a Mumbai based people-centric organization working with communities to achieve inclusive and sustainable development.

With development programmes focusing on issues of health, livelihood, capacity building, youth development and community services across population groups, we aim to achieve long-term sustainability and socio-economic self-reliance in marginalized communities.

Our Mission is to enable marginalized communities become more vibrant and dynamic by engaging them in socio-economic development initiatives directed at building capacities, thereby helping people help themselves.

Our Vision is an inclusive society where marginalized communities are vibrant, dynamic and self-sustaining.

Our 6 Ks



- **Kya** kar rahe hain
- **Kyu** kar rahe hai
- **Kab** kar rahe hai
- **Kaise** kar rahe hai
- **Kiske saath** kar rahe hai
- **Kya** hoga

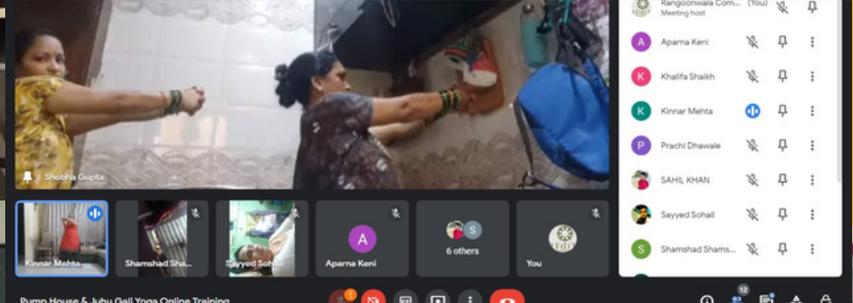
...our activity to impact paradigm continues to guide our need-based service delivery to rights-based approach, strategy, plans and implementation.

RANGOONWALA COMMUNITY CENTRE

आत्मनिर्भरता के पथ पर

Rangoonwala Community
Centres (RCCs):

atmanirbharta ke path par.....
on the road to self reliance



RCCs - our direct interventions with the resource poor in the slums of Premnagar- Bandra Plot , Subashnagar- Bandrekarwadi, Shivtekdi in Jogeshwari (East), Mahakali in Andheri (East) and Anandwadi & Pathanwadi in Malad (East) in Mumbai remained the focal point of our relief work and development interventions during the year.

Our work during the year at a Glance:

Work with Population Groups	Participation
Work with Children: Virtual, Home Based and Centre Based Bal Umang, Bal Utsav- Reaching the Unreached Children, Virtual-cum-Home Based and Centre Based Summer Camps , School Outreach Programme and Immunization Health Camps by Municipal Health Posts	34,105
Work with Youth: Centre based meetings and residential Summer Camp for Adolescent Girls	91
Work with Women: Virtual Yoga, Mehendi & Beautician trainings (including Covid 19 safety protocols), Volunteer cadre building & facilitation, Special Camp, Health Camps and Health Consultation Clinics , Closed group counseling for victims of domestic violence, Women's Day celebrations; Centre Based short term trainings- Rangoli, Warli, Cakes & Cookies, Beautician and Mehendi crash courses , Monthly Open Forums, Dance Movement Therapy, English Communication & Life Skills, Cluster Meetings	8,313
Work with Senior Citizens- Women: Weekly input sessions on different topics, Yoga, Dance Movement Therapy, Special Camp and Summer Camp	1,429
Work with Groups:* Health Consultation Tele-clinics, Counseling, Computer trainings - MS office- Word, Excel, PowerPoint through different modules, Tally for accounting, Desk Top Publishing, Special Input Sessions, focus on mental health through counseling services, input sessions and Monthly Open Forums on various topics by subject experts like Right to Information, Public Distribution System, Tobacco Abuse, Civic Structures & Local Governance, Services & Schemes for TB patients We also continued our TB Programme- supplementary protein rich nutrition support, linkage to the Govt. NTEP, referrals etc.	11,139
Total	55,077

* Activities/ initiatives in which mixed groups – children, youth, women, senior citizens, and full families (e.g. TB programme) and at times men from the community (e.g. Monthly Open forums and Volunteer Cadre meetings and processes) participate have been categorized under work with groups.

Due to the pandemic, academics as well as co-curricular and extra- curricular activities for children are not a priority for parents as they struggle for survival. Our interventions with children sought to address this in a small way.

With the changes in the Covid 19 related situation, we tweaked our modules for Bal Umang- our intervention with 6 to 12 year-old children. In person interaction was gradually introduced - community based and centre based activities were started with children in a phased manner.

Our Annual Event- **Bal Utsav- celebrating Children's Day**, reached out to 11,525 children in the RCC operational areas. The theme this year was Environment. Weekly community based activities were organized with children till the Omnicron wave. The activity then moved to a hybrid format again.

Summer Camps for Children were organized this year in a hybrid format- orientation meetings with children and their parents were conducted in the Centres. Children were taken for a day trip to the Yoga Institute . Activities were facilitated online and an exhibition organized at the end of the Camp.



For the first time, we organized a residential Summer Camp for adolescent girls. 70 girls participated in the two day Camp. Among other things, they learnt self defence, interacted with police officials to learn about measures for their safety.

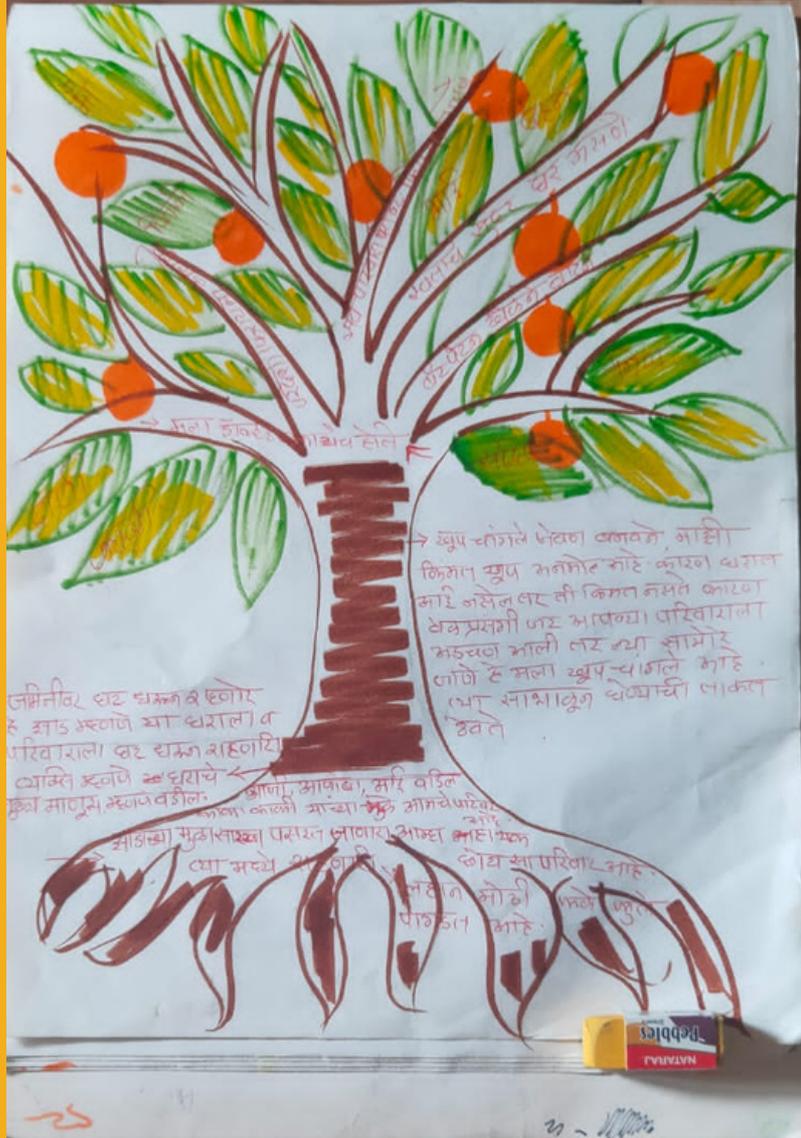


Practice slots were organized at the Centres for all trainees who had learnt Computers with us online during the lockdown. In person workshops were organized for mehendi and beautician trainings conducted online during the lockdown. Entrepreneurship kits given to successful candidates.

From June 2022 we started in person short term vocational trainings for Women at the Centres.

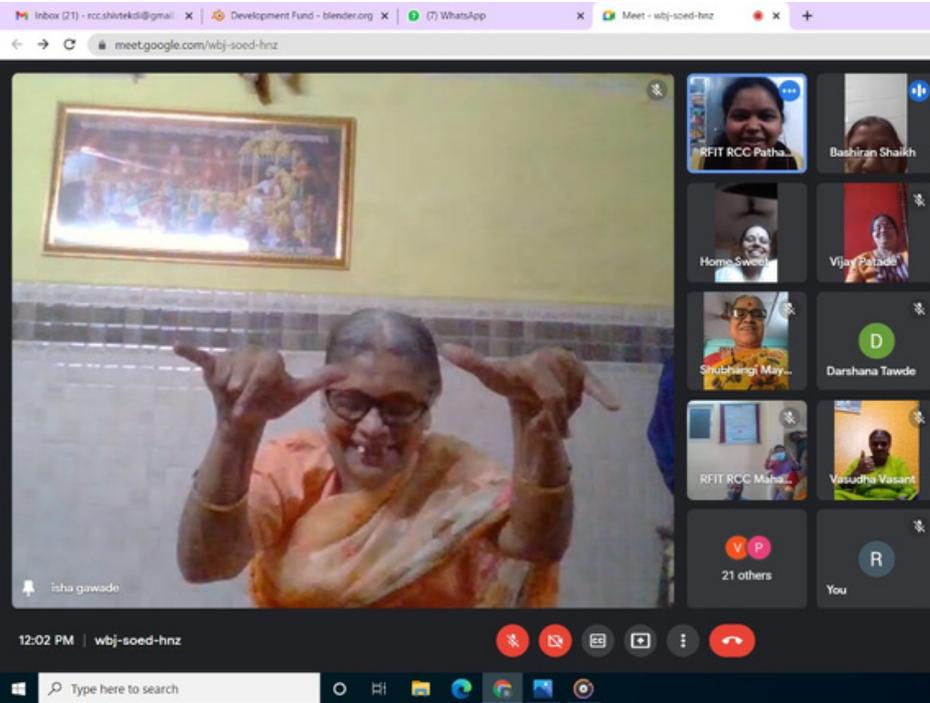
Anemia, Bone Density, Cancer and Kidney Status Health Camps were organized for women and follow up diagnostics and treatment facilitated. Health Consultation Clinics for women re-started in person in June 2022.

1179 women participated in a special camp organized for them. Having taken the brunt of the issues arising out of families being at home during the lockdown, this was a much needed 'me time' for them.

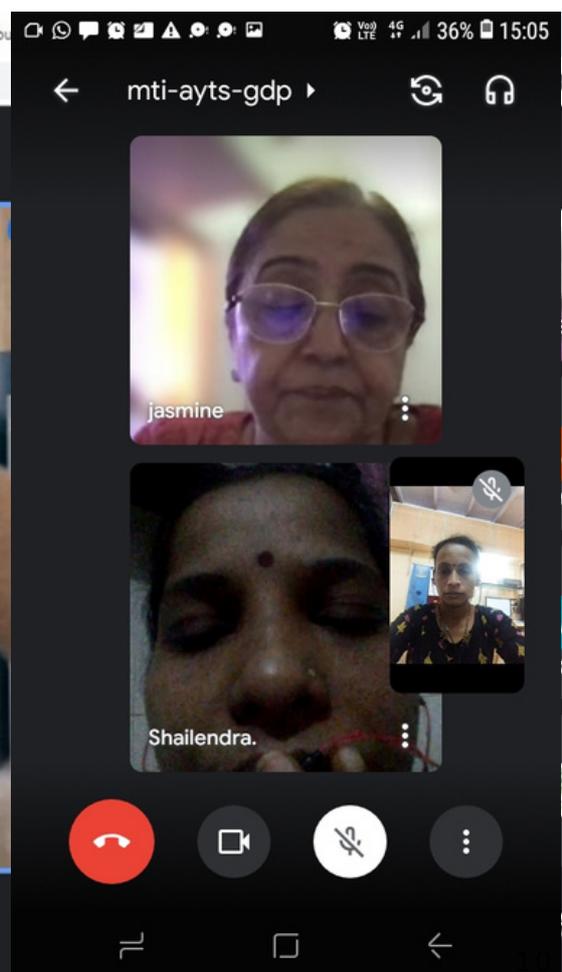
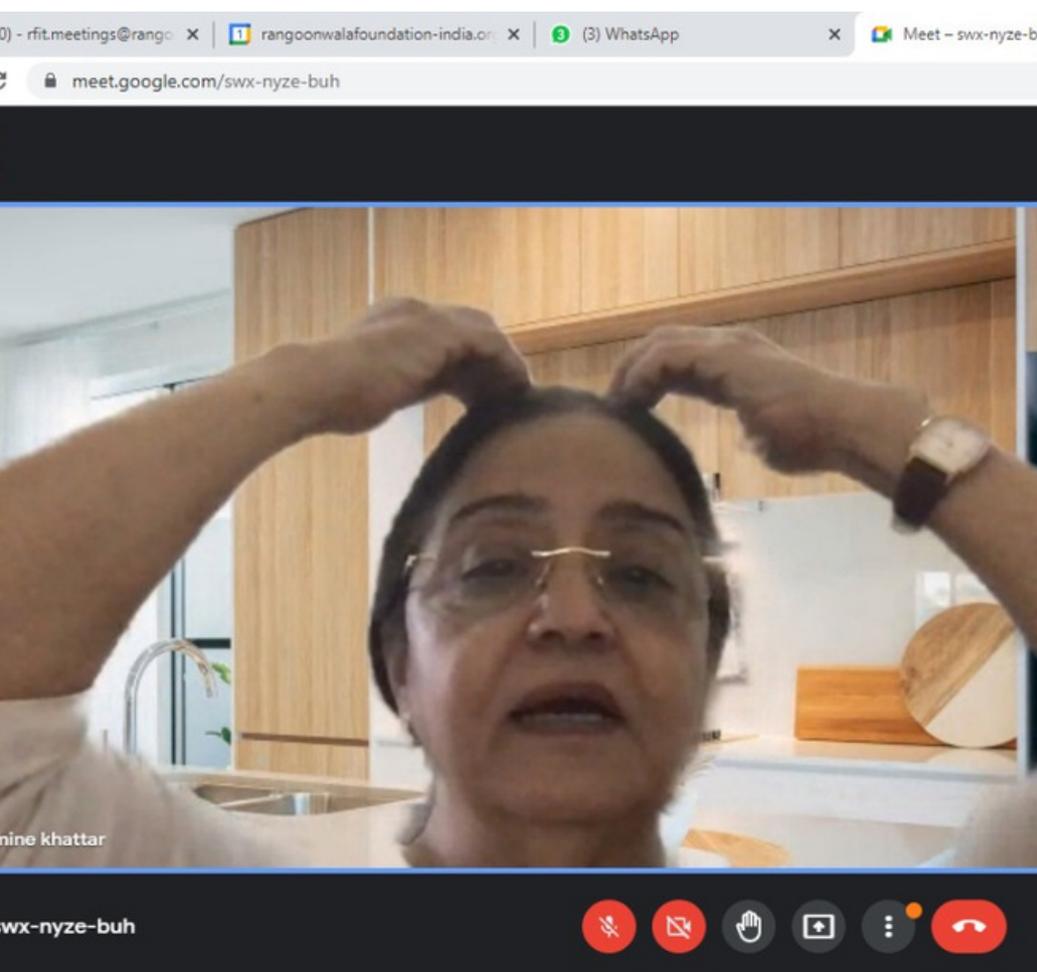


The participation of senior citizens in virtual weekly meetings, defying technological barriers, continued to amaze us. These included Yoga on a regular basis. Additionally, 500 participated in the special camp and 104 in the summer camp organized for them.





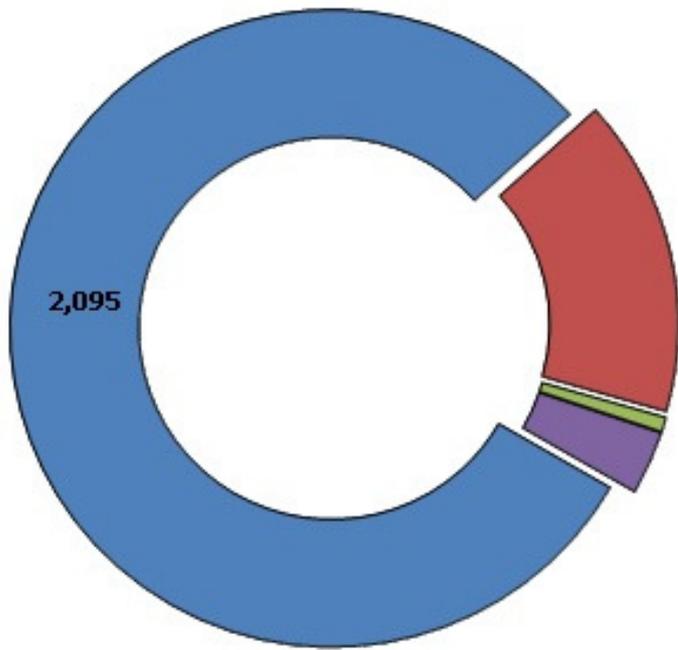
Our Counselling intervention facilitated 1891 clients. 782 protein rich supplementary nutrition kits were given to TB patients to help them tolerate and be regular in their medication. The pandemic has seen a surge in TB cases in RCC areas and gaps in treatment due to the pandemic has increased its severity.



RCC Replication

RCCs initiated exploration of work in six new areas from November 2021 through the 'Each One Take One' approach. The areas identified by Centre teams and volunteers, which they felt needed a RCC model of intervention in proximity of the existing Centres were Pump House, Juhu Galli, Aarey Colony, Milind Nagar, Damu Nagar and Santosh Nagar. The entry point for community based interventions was Bal Utsav, gradually involving women and children in other activities along with strengthening community processes. Subsequently, the interventions settled down in 2 areas- Juhu Galli & Pump House. Aarey Colony has a huge concentration of TB patients. Hence despite this area being under imminent redevelopment, we continue with our supplementary nutrition support.

Activities	Participation
Work with Children :	
Bal Utsav- celebrating Children's Day	480
Home Based & Centre Based Bal Umang	1256
Summer camps	359
Work with Women:	
Anemia detection Health Camps	138
Cancer Detection Health Camps & follow up	220
Yoga Training – Virtual	64
Work with Senior Citizens :	
Weekly Sessions- Virtual	11
Summer Camp	8
Work with Groups:	
Supplementary Nutrition Support to TB patients	84
Total	2,620



■ Work with Children

■ Work with Women

■ Work With Senior Citizen - Women

■ Work with Groups



We prioritized work in the two most needy areas and phased out activities in the other four after Bal Utsav.



Ummeed Health Programme:

एक स्वस्थ जीवन की आशा
hope for a healthy life

meet.google.com/dat-urrrp-rzx?pli=1

Rangoonwala Foundation (I) Trust is presenting

हॉस्पिटल में कौनसी सेवाएँ मुफ्त दी जानी चाहिए?

- बेड (Bed)
- पानी (Water)
- लाइट (Light)
- वैदकीय सेवा (Medical services)
- नर्स द्वारा देखभाल (Nursing care)
- चादर (Blanket)
- हाउस कीपिंग (Housekeeping)

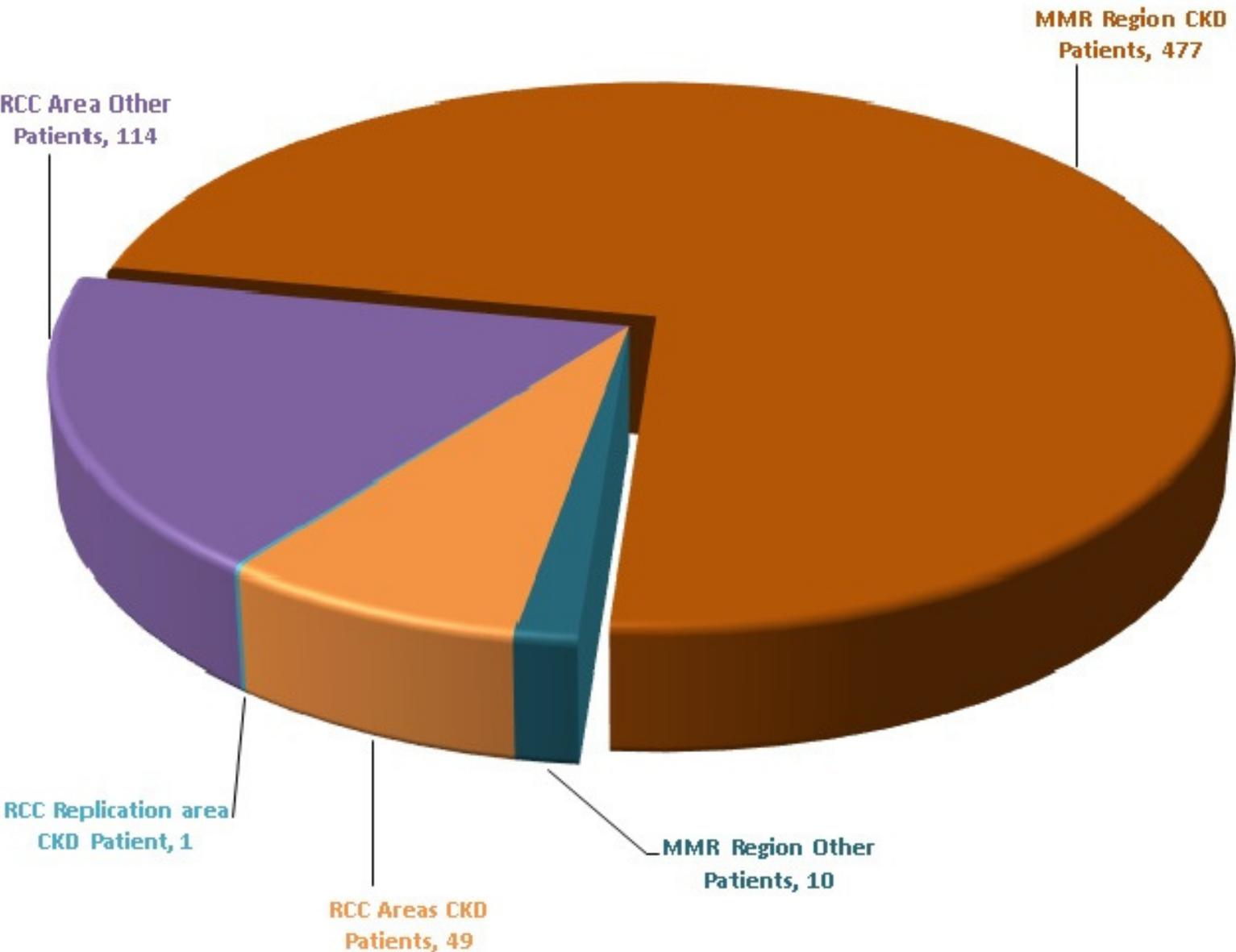
- #### People
- Add people
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 - Sumera Ra
 - Sunaya Bh
 - Surya Sida
 - Sushil Sing

- Patients Rights"

This intervention supports patients, advocates their issues and builds awareness on patient's rights through our Satark Mareez Haak Abhiyaan. A dedicated area of work in the Mumbai Metropolitan Region has been with Chronic Kidney Disease (CKD) patients. We have promoted the Ekta Support Group of CKD patients and their families- they bond, interact, support each other, lobby & advocate for issues affecting them.

CKD awareness an integral part of our work.

We limited our support to Chronic Kidney Disease (CKD) patients across the Mumbai Metropolitan Region and support for all categories of patients in RCC areas as detailed below.



Note: 2 CKD patients from MMR were supported for their cancer treatment also.

This period saw Mumbai emerging from the severe second wave of Covid 19 and was again affected by the Omnicron wave in a few months. As we continued to grapple with restrictions on commuting by public transport, the system of virtual interaction with patients and their families devised when Covid 19 struck, became the accepted methodology.

In addition to financial support for treatment, Treatment Guidance was done for 237 patients individually and with 258 participants through online sessions. This helped them accessing entitlements / concessional treatments. Hence RF(I)T funds did not have to be deployed for treatment.

Regular interaction and visits were done with Hospitals and Dialysis Centres to keep ourselves abreast of developments, specially related to patients treatment facilities, costs and access to Government Schemes.

264 Ekta Support Group members participated in on-line Monthly Open Forums organized for them on topics like Tobacco Abuse, Lung and Oral Cancer , Civic Issues etc.

RF(I)T's Youth Development Programme

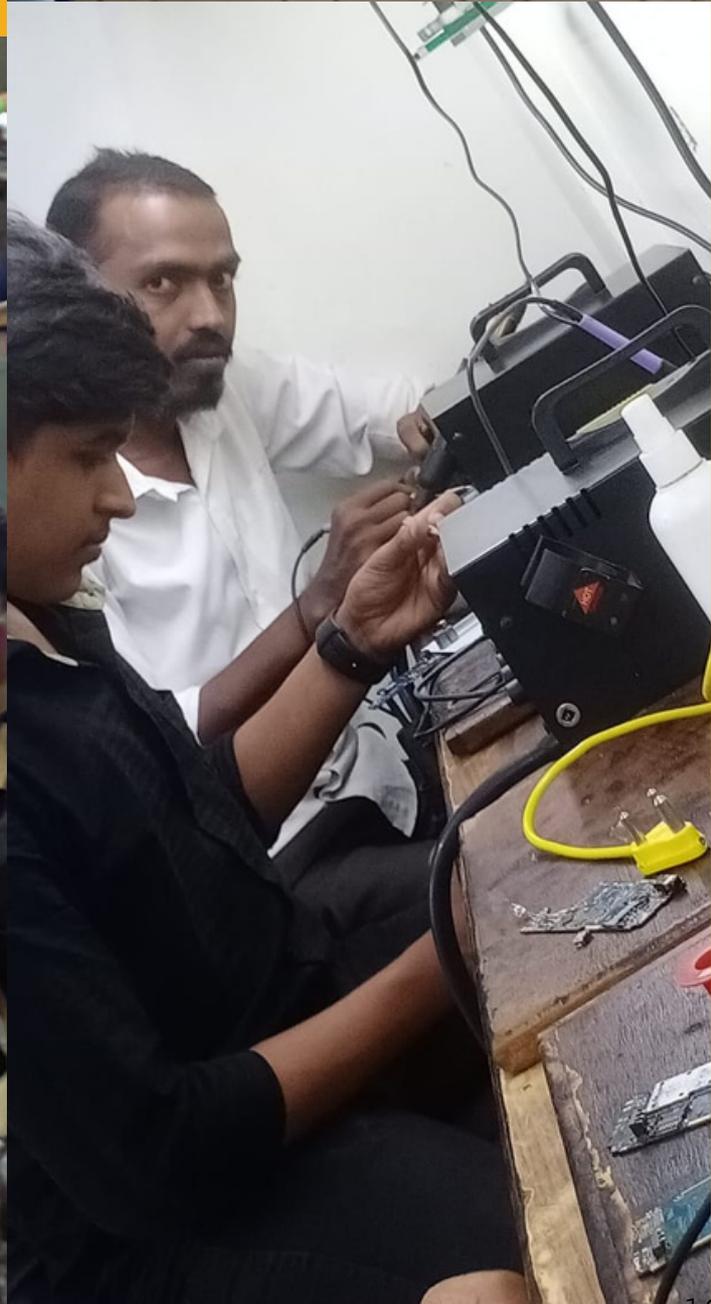


Providing Opportunities to Elevate



Utkarsh Youth Development Programme:

Providing opportunities to elevate.....



Utkarsh mentors and supports youth for their education, skill building and engages them in a range of capacity and value building processes. It also supports people for entrepreneurship. The initiatives remained focused on RCC operational areas and CKD patients, their children or family members. We continued only those city wide scholarships for higher education that were previously committed to for students who fulfilled RF(I)T's compliance norms.

Categories	Number of students Supported
1. Professional Higher Education (continuing scholarships only)	3
2. Skill Training & Entrepreneurship support to Women	43
3. Skill Training & Entrepreneurship support to Youth	5
4. Higher Education support for Students in RCC areas and Children of Kidney failure patients	36
5. Education Kits for RCC Children through the School Support Programme with 9 schools	1674
6. Support to students for SMART phones for online studies in RCC areas and Children of Kidney Failure patients	27
7. English Communication training for Youth	5
8. Employability linked soft skills training with job guarantee –SMART Course	30
9. Youth Volunteer Scholarships	33
10. Career Guidance	986
11. Aptitude Tests for 9 th . & 10 th . Grade students from RCC areas	449
12. Students allotted RF seats at M.A. Rangoonwala College of Hotel Management at HGMAET, Pune	6
13. Supplementary support to HGMAET students	12
14. Hostel Concession facilitated at HGMAET for RF student	1
Total	3,310

We followed a system of compliance first (specially volunteering assignments); support thereafter . This helped in filtering out applicants specially since all processes were done virtually - due diligence , compliance management, facilitation, mentoring, etc.

We partnered with Sujaya Foundation for English Communication and Employment linked SMART courses. 22 of the 30 SMART trainees took up jobs.

A one day value building workshop was conducted for ongoing as well as newly identified youth volunteers. They were selected after observing their participation and assigned volunteering tasks. 16 ongoing and 17 new youth volunteers completed their volunteering assignments successfully. They were instrumental in reaching out to other youth for career guidance.

Mentoring, dialoguing with students and their parents/ guardians was a continuous process through the year. They also attended online meetings and trainings .

Utkarsh entrepreneurship and skill building scholarships helped people help themselves. 4 women Beauticians were supported for advance training. They have committed to train others at RCCs. 6 Udyamita Volunteers who make and market four types of cleaning materials (Phenol, Toilet Cleaning, Floor Cleaning and Liquid Bleach) were given supplementary support to expand their business. 29 women were given Udyamita Scholarships (business startup kits) post their training at Rangoonwala Training Centre. 3 other Women entrepreneurs were supported – one CKD patient to expand her family footwear business and two single women from RCC areas were given sewing machines for home based tailoring work.

Our Women entrepreneurs earned INR 706,590 in the year.

Two out the four youth supported for four wheeler driving last year, got their licenses. One CKD patient was supported with an Oven- Toaster- Grill to expand his fast food business, while another was supported for mobile repairing training. Two persons from RCC were supported for auto rickshaw repairs necessitated due to their remaining non- functional in the lockdown. One of them is a cancer patient. Another person was supported for the revival of his food stall business.

The income earned by these entrepreneurs was INR 63,534

Utkarsh's focus on entrepreneurship and skill building has begun since the pandemic.



RANGOONWALA TRAINING CENTRE

आत्मनिर्भरता के पथ पर

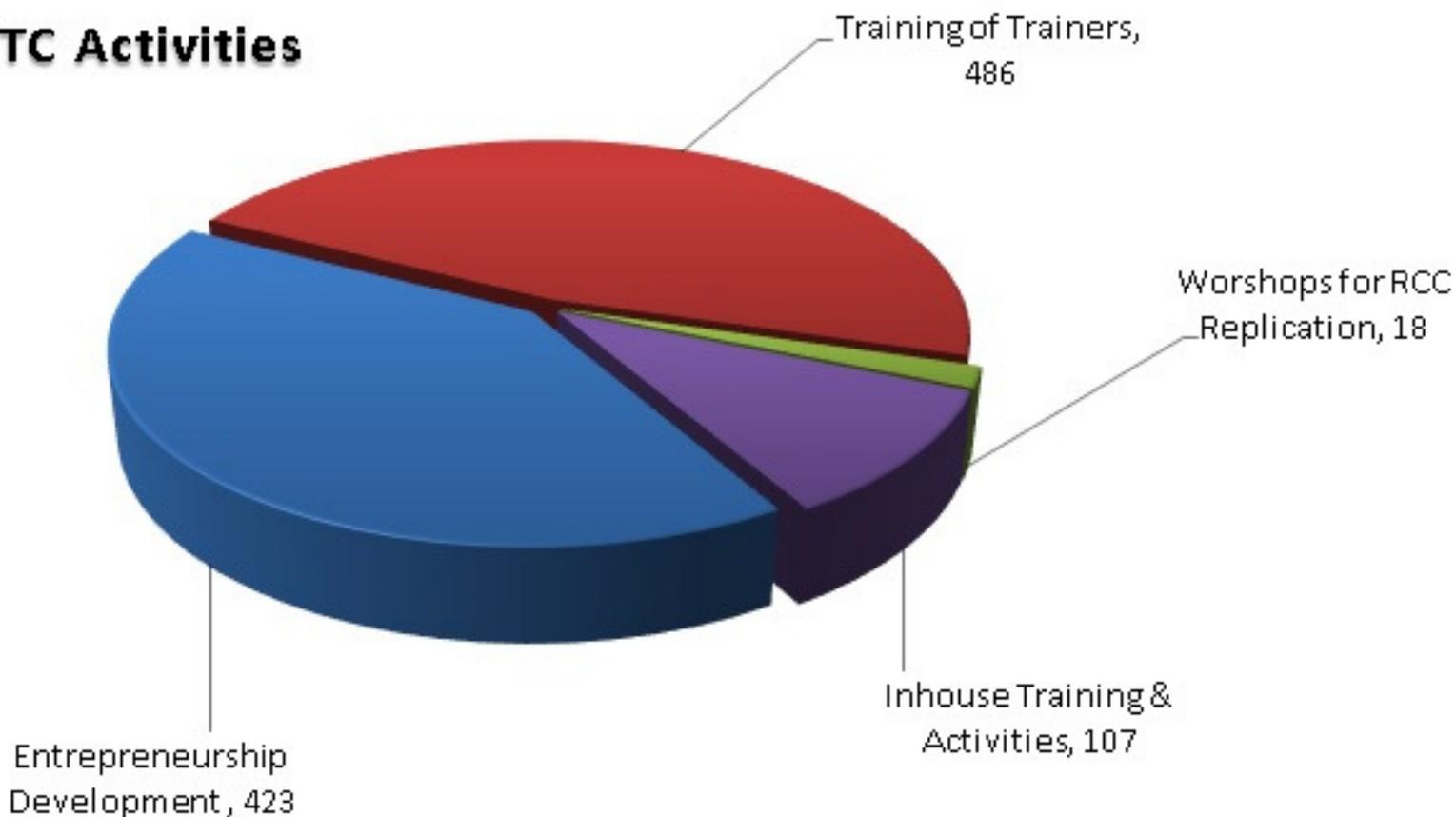


Rangoonwala Training Centre
atmanirbharta ke path par.....
on the road to self reliance

This is a pan organizational space for Training of Trainers, housing the vocational and entrepreneurship development activities, conducting combined advanced trainings for the RCCs, workshops in skill training and RCC model replication for other NGOs and for organizational processes related to the RCCs.

Online trainings / meetings gave us the opportunity to integrate capacity building and pan - RF(I)T activities in our regular work. Centre based activities began towards the end of the year.

RTC Activities



RCC data and documents were digitized during the year.

Covid 19 Response:



REDMI NOTE 9 PRO MAX
Pratu



The year saw our city emerging from the first pandemic induced lockdown, staggered covid vaccine availability, the second and harsher Delta wave of Covid 19 with another lockdown and the third wave of the Omnicron variant. Suburban trains, considered Mumbai's lifeline, remained inaccessible for most people. The impact on the resource poor, with whom we work was manifold.

Hence we continued our Covid 19 response work through the year.

In addition to the need based support started last year, we provided protein rich Immunity Kits for a period of 3 months to children associated with RCCs . As schools reopened, their immunity was compromised due to unavailability of vaccines . The quantity and the component of the kit was based on the advice of medical experts.

Our efforts to ease the tremendous hardships faced by people due to the pandemic are summarized below:

Activities	Number of Participants
1. Food Security for people in the areas of Rangoonwala Community Centres	1208 kits 5388 Beneficiaries Kits for 1,20,800 meals. Additionally 2 infants were supported for milk
2. Food Security & support for Commuting to chronic kidney disease (CKD) patients in Mumbai Metropolitan Region (MMR)	69 patients
3. Food Security & support for Commuting to patients in the areas of Rangoonwala Community Centres	193 patients
4. Food Security for CKD patients in the areas of Rangoonwala Community Centres	55 kits ; 235 patients and family members
5. Food Security & support for Commuting to other patients from MMR	3 patients
6. Immunity kits for Bal Umang children of RCC & RCC Replication areas	10,315 kits
7. Community Sanitation & Hygiene	Providing 4 types of cleaning materials for 1467community toilets cumulatively , in the areas of Rangoonwala Community Centres on a weekly basis
8. Support to Community based Volunteers	2
9. Community based Volunteers Equipped with Pulse Oximeters and IR Thermometers	78 sets. Services provided to 19,423 people
10. Smart Mobile phones to Community Volunteers	9

Campaigns:

RF(I)T reached out to 84,245 people this year through its CKD, TB and Satark campaigns as well as on mental health through Mann Talks. This includes volunteering assignments done by students.

Information on other health issues that RF(I)T works on was shared with 9,749 people. Information related to other issues like Government schemes and notifications, education, scholarships, training opportunities etc. were shared with 9,558 people. Covid 19 related information was shared with 5,278 people

World Health Day was observed through a series of online sessions on Satark- Patients' Rights with 475 people.

World TB Day and World Kidney Day were also observed through a series of online and offline information sharing platforms.

Additionally, the six RCCs mobilized, reached out to and shared information on various issues with 127,636 people and with 8,565 people in RCC replication areas.

सतर्क
मरीज हक अभियान

kta
SUPPORT GROUP

सी. के. डी. मरीजों के लिए
सी. के. डी. मरीजों के द्वारा

CHRONIC KIDNEY DISEASE (PREVENTION IS BETTER THAN LIFELONG TREATMENT)

Role of kidney

- We have 2 Kidneys in our Body
- They are fist sized, just like a computer mouse
- They constitute about 1/2 % of our body weight
- Kidneys clean the blood and send clean blood to different parts of our body and send out the waste

Understanding Kidney failure How & Why

- Excess blood loss
- Low Blood volume
- Dehydration
- Poor intake of fluids
- Uncontrolled diabetes and Hypertension.
- Long, unsupervised use of certain medicines
- Swellings, breathlessness, confusion, weakness and laziness.

What does a CKD Patient Need

- Regular dialysis, 2 to 3 times a week or as specified by the Doctor
- Each dialysis is around 4 hours
- Track creatinine levels
- Take proper complimentary & supplementary medication
- Control fluid intake
- Transplant as an option
- Peritoneal dialysis

Burden of Disease

- In India, the proportion of Chronic Kidney Disease (CKD) patients amount to 8-17% of the total population.
- Every year about 2.2 Lakh new patients of End Stage Renal Disease (ESRD) get added in India resulting in additional demand for 3.4 Crore dialysis every year.

Facilities for treatment in Maharashtra

- Low cost dialysis centers
- Trusts that help with costs / medicines/ ration/ education of children
- Mahatma Jyotiba Phule Jan Arogya Yojana (MJPJAY)
- District Hospitals have 4 dialysis machines

TB is Curable, visit the doctor soon

- TB is India's biggest health problem
- India has the highest number of TB patients in the world (25%)
- 4.5 lakh people die of TB in India every year
- Daily deaths due to TB are more than 1,150

STOP TB

SPREAD THE WORD

SYMPTOMS OF ACTIVE TB

- Coughing that lasts three or more weeks
- Coughing up blood
- Chest pain
- Fatigue
- Fever
- pain with breathing or coughing
- Unintentional weight loss
- Night sweats
- Chills
- Loss of appetite

RF(I)T

If you have any queries feel free to dial **1800-11-6666**
It's a government toll free number

Mentoring future Social Work professionals

4 social work students (Degree and Post-Graduate) from Nirmala Niketan College of Social Work, 8 Interns from the Centre for Life Long Learning of Tata Institute of Social Sciences and 2 social work students from SNDT University were placed with us during the year.

60 Post graduate social work students visited RCC as part of their field work orientation.

Summing up



RF(I)T partnered with the Gautam Modi Group and FICCI-FLO to celebrate the International Day of the Girl Child. 4 success stories of young girls whose lives were impacted positively by RF(I)T were filmed. These were shared on social media.

The RF(I)T Impact Stories featured were:

1. Akanksha Mestry

22 Year old Akanksha Mestry was associated with our Rangoonwala Community Centre(RCC) Shivtekdi since she was a child . She used to participate in Summer Camps and Computer Courses. As she grew up, she trained as a Beautician and Mehendi artist through all the course modules offered in these skills at our Centre .

She started earning through these skills and continued her association with RCC as a CBV

(Community Based Volunteer) sharing information about the Centre's activities and connecting others to the Centre , so that others could benefit the way she had. She also handled groups of children at Bal Utsav, our Children's Day event.

She applied for a job as a makeup artist with a Television unit shooting a daily soap. She was turned away as she did not have a Certificate from an Institute like Lakme. Not to be deterred, Akanksha did not give up. She asked the crew to give her a trial and see her work. To their pleasant surprise, hers was quality work! She was given the job.

Today, she is a role model for many others in the community.

What is really valuable for Akanksha is that the skills she learnt through RCC , help her support her family as the sole income earner.

2. Hasnoor Sayyed

18 year old , Hasnoor is pursuing her under graduation in Commerce . Her family's economic difficulties have compelled her to be independent and support her education. She has been associated with Rangoonwala Community Centre (RCC) Premnagar since she was a child . She used to come for our children's drop in activities , summer camps , computer trainings and other activities for children.

She has been groomed as a youth volunteer and awarded scholarships for the same. She is engaged in spreading awareness on various health issues She conducts activities for children, assists the Centre team and has also taken the responsibility of need assessment, forming children's groups and regularly interacting with them in the new areas that we have identified to set up a Community Centre .

The RF(I)T Impact Stories featured were:

3. Vibhuti Zore

Associated with Rangoonwala Community Centre (RCC) Anandwadi since she was a child, Vibhuti is the daughter of RCC Sahayak (senior volunteer) Pooja. She has won awards in Bal Umang - Projects for building a scientific temperament and in Bal Utsav(our celebration of children's day) in the cultural competition. Multi talented Vibhuti went through a bad phase around the time she was in 7th std. Our Counselling services were a boon for her and her family. She was on the verge of becoming a school drop out. We encouraged her to keep coming to the Centre and let her access the computers and learn at her own pace. With our support and nurturing, she slowly got the confidence to focus on her academics. She is around 20 years , a Graduate and is pursuing an IT course in Data Science .

4. Dr. Maseera Fodkar

Mother of a 4 month old girl child , 27 year old Maseera has been associated with us since 2013 when she applied to us for a scholarship to pursue Dentistry. She showed leadership qualities and was groomed to be a Campus Ambassador through our Utkarsh Youth Development Programme . Maseera has been an active Volunteer , reaching out to hundreds of people for health awareness in different settings, including street plays , for which she (with others) were trained by us. Maseera has been a mentor for youth of our community centres, regularly conducting sessions in our Yuva Saarthi workshops. She persevered despite a lot of economic difficulties (she lost her father at an early age) . After completing her studies she used to work at 2 clinics, repaid her educational loans(our Utkarsh Scholarship does not cover full fees) and saved for her post graduate course . Today, she runs an independent Dental practice and is married to an engineer who is very supportive of her work.



Skilling in the time of COVID-19

Rangoonwala Foundation (India) Trust's online trainings with a vocational focus helped many who had lost touch regain their skills as well as confidence, increasing earning potential

The COVID-19 pandemic has thrown up enormous challenges for lives as well as livelihoods. It is said Mumbai never sleeps, but the pandemic induced lockdown brought a sudden pause in many ways. For many, living 'inside the house' was a new experience. Most homes in Mumbai's slums are not large enough to hold the whole family together at a time. Dwindling resources, no avenues to borrow and mental stress made survival a challenge for many.

Being a people-centric organisation working with communities to achieve inclusive and sustainable

development, Rangoonwala Foundation (India) Trust-RF(I) draws its strength from the never-say-die spirit of the people it works within Mumbai's bastis.

Where there was a will to overcome, it now saw hopelessness. It saw women trying to hold their families together despite many odds. Pivoting to keep up with the changing realities seemed the only option.

Before the pandemic, its six Rangoonwala Community Centres in the western suburbs of Mumbai were bustling physical spaces in the midst

of congested slums, which women and children could easily access to focus on their capacity building and health needs.

Skilling has been an integral part of its interventions. While entrepreneurship was a choice before, it now had become a necessity. Incomes which families grudgingly considered supplementary before became a ray of hope for survival in the new normal.

Necessity helped surmount the technological divide. Online, network, data pack etc. were integrated with the vocabulary and became a way

Community volunteers and entrepreneurs join hands to improve sanitation and hygiene.



of life, be it with borrowed or shared smartphones. Virtual meetings replaced community meetings and online trainings replaced centre-based ones. Its efforts in tweaking skill training modules and training methodology where ever possible are showing results.

Given that working from home was becoming the way of life, it focused on online computer trainings with a vocational focus. A range of trainings helped those who had lost touch regain their skills as well as confidence, increasing income earning potential. Its community youth have found these trainings of immense value.

For women who had some basic mehendi application and beautician skills, it started online trainings which included COVID-19 safety protocols for self and clients. Kits are given to trainees at the end of the training to support entrepreneurship. Its mehendi artists were invited to apply mehendi at a wedding as soon as the lockdown eased giving much-needed incomes and more importantly many more contacts! The most empowering experience in these times has been that of its women entrepreneurs who learnt to make cleaning materials of commercial quality –

phenol, liquid floor and toilet cleaners and liquid bleach.

This was a new initiative for RF(I)T. The pandemic brought into sharp focus the dismal state of sanitation and hygiene in community toilets. At times, COVID-19 positive patients were also using the same facilities as others because there were no options. RF(I)T started processes to make people aware of the impact of these conditions on health. Groups of women showed interest in monitoring this.

Simultaneously it started processes to train economically vulnerable women to make the cleaning materials combined with entrepreneurship training – sourcing, costing, packaging, marketing.

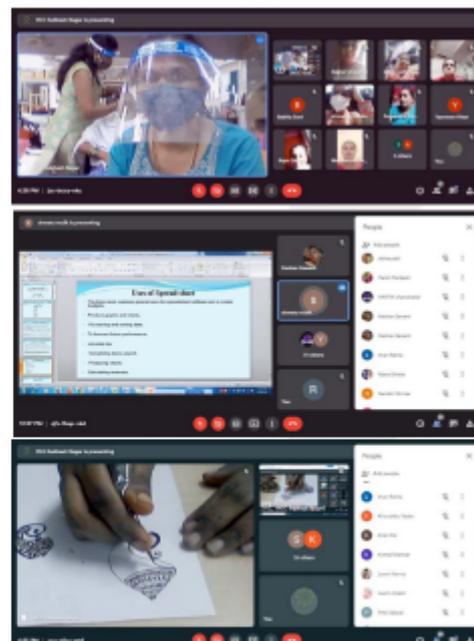
Today, this small but growing group of women volunteers and entrepreneurs ensure hygiene at more than 100 community toilets in the bastis. The entrepreneurs are steadily building a dedicated clientele. Building skills around utility products and services that do not require much resource investment and in a city like Mumbai do

not occupy space for material and equipment in small homes have a better chance of translating to incomes and hence building lives in these trying times.

"RF(I)T believes that building skills in women paves the way for their empowerment – social as well as economic. It brings a sense of self-worth, enhances their esteem in the family and social circle and is a tool in her kitty for earned income," says Nisreen Ebrahim, CEO, Rangoonwala Foundation (India) Trust.



Entrepreneurship training for cleaning materials.



Online beautician training in progress.

Online computer training in progress.

Online mehendi training in progress.

Branding was done for the women entrepreneur's skilling & entrepreneurial initiative as Udyamita.



Phenol	Rs. 115 per litre	Rs. 550 for 5 litres
Floor Cleaner	Rs. 90 per litre	Rs. 425 for 5 litres
Liquid Bleach	Rs. 45 per litre	Rs. 200 for 5 litres
Toilet Cleaner	Rs. 115 per litre	Rs. 550 for 5 litres

Delivery charges extra @ actuals



Udyamita is promoted by RF(I)T. 100% of the incomes earned are directly for the women entrepreneurs

+91 7506827535

www.rangoonwala.org

RANGOONWALA
COMMUNITY
CENTRE

... आत्मनिर्भरता के पथ पर

उद्यमिता

Udyamita..... building lives through livelihoods

Udyamita is RF(I)T's initiative to encourage entrepreneurship, specially among women.

Rangoonwala Foundation (India) Trust-[RF(I)T] is a Mumbai based people-centric organization working with socio-economically marginalized communities to achieve inclusive and sustainable development.

Our work in Mumbai's bastis is through the six **Rangoonwala Community Centres** in Premnagar-Bandra Plot, Subashnagar and Shivtekdai in Jogeshwari-east; Mahakali in Andheri- east; Anandwadi and Pathanwadi in Malad east.

Each Centre reaches out to a population of approximately 100,000 people. The Centres are physical spaces in the midst of congested slums, which women and children can easily access to focus on their capacity building and health needs.

Skilling has been an integral part of our interventions. While entrepreneurship was a choice before, with the economic fall out of the Covid 19 pandemic, it has now become a necessity. Building skills around utility products like cleaning materials which do not require much resource investment and do not occupy much space for material and equipment in small homes, have a better chance of translating to incomes and hence building lives in these trying times.

Incomes generated have become a ray of hope for survival in the new normal.

We train economically vulnerable women in making cleaning materials of commercial quality. This is combined with entrepreneurship training - sourcing, costing, packaging and marketing. Each trainee gets a kit of materials and equipment at the end of the training to help them start their business. This small group of dedicated women is growing. So is their need for a dedicated clientele.

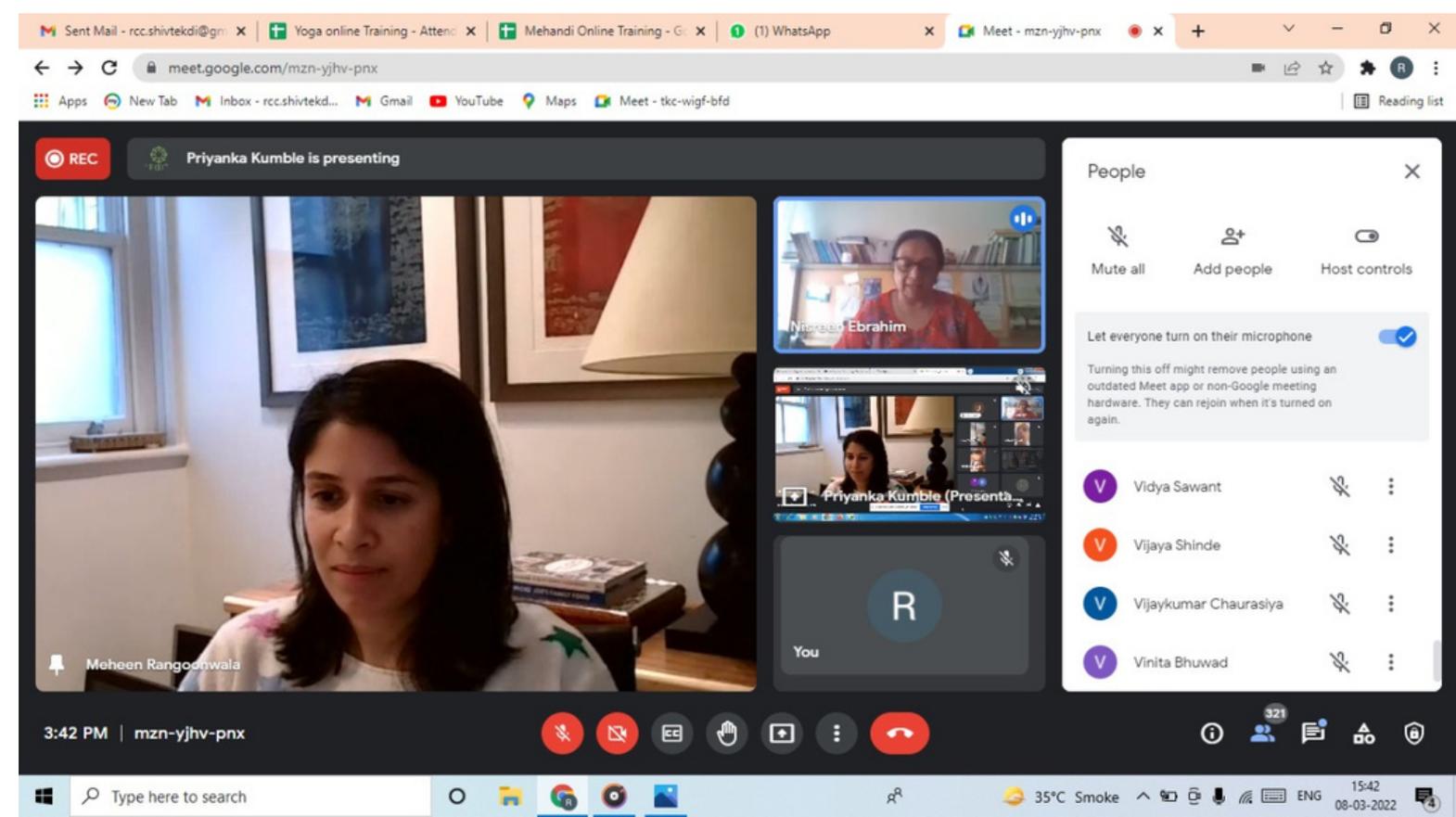
We solicit your support for their Udyamita (entrepreneurship)



औद्योगिक

तालीम हमारी पहचान, उच्च शिक्षा हमारा अधिकार

Women's Day was celebrated online on March 8, 2022 and an audio message to recap the history of women's day and RF(I)T's strategy of women's empowerment was subsequently shared.



We continued working towards the RCC Replication model with our resource partner Dasra.

Most of the on field work that we were able to undertake in RCC operational areas, was possible due to the strong volunteer cadre that has been nurtured through the years. New volunteers have joined and the belief in the work we do has become stronger in the communities we work with.



RF(I)T's service delivery to rights approach is becoming stronger. It requires the rigor of strong and precise operations as well as micro planning and implementation which is often a challenge.

The year saw many challenges. The regulatory framework continues to become more stringent for Indian NGOs. We try our best to keep abreast of developments and ensure compliances.

A lot of repair and maintenance work has to be undertaken at the Centers, specially for computers and equipment as we resumed normal operations post lockdown.



We continue to endeavor to make a difference to the lives of the people we are associated with, drawing inspiration from the Father of the Nation, Mahatma Gandhi's words " We must become the change that we want to see in the World."